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STAR OF MYSORE

OUR EVENING DAILY

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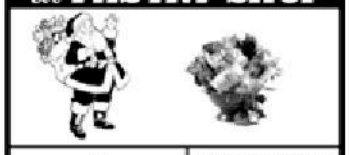
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Delayed Breakfast Scheme: Cash benefit for Pourakarmikas

MCC to pay Rs. 25,200 to each of the 2,300 civic workers

Mysuru, Dec.3 (RK&DM)- Even as the Mysuru City Corporation (MCC) re-launched its breakfast scheme for Pourakarmikas on Nov.15, much to their joy, another action by the MCC has brought more cheer to the civic workers who toil hard for keeping the city clean.

Soon the MCC will start crediting breakfast allowance at Rs.20 per day to the accounts of every civic worker attached to the MCC, both regular and outsourced, for a period of 42 months between Mar.1,2015 and Sept.29, 2018. The MCC has 2,208 Pourakarmikas on its rolls (2018-19), including 560 regular and 1,648 outsourced.

The State Government, in an order issued in 2015, had directed all City Corporations (excluding BBMP), City Municipal Corporations (CMCs), Town Municipal Councils (TMCs) and Town Panchayats (TPs) to introduce breakfast scheme from Mar.1, 2015, to all Pourakarmikas working for them. Following the Government direction, 211 out of the 278 Urban Local Bodies (ULBs) introduced the scheme, while 41 bodies started giving breakfast allowance in cash in violation of Government directive and over 20 others defaulted on implementation.

Pourakarmikas having breakfast supplied by Indira Canteen at Janathanagar in city this morning.

Acting late on the Government direction, the MCC started breakfast scheme to all its Pourakarmikas through Government-run Indira Canteens from Sep.30, 2018. But the scheme was suspended after the MCC began to receive numerous complaints on the quality and quantity of food served. Now, the MCC re-launched the scheme on Nov.15, 2019, marking Kanakadasa Jayanti.

But as it failed to implement the scheme from Mar.1, 2015, the MCC has set aside Rs.2 crore fund out of its 24.1 percent grants, to be given away in cash to Pourakarmikas for the 42-month period (Mar. 2015 to Sept. 2018) that they were not served breakfast. Accordingly, every Pourakarmika will get a cash benefit of Rs.25,200 on an average, calculated at Rs.20 per day for 42 months (Rs.600 per month x 42 months). The amount, however, will not be given personally in cash but directly credited to the bank accounts of all the beneficiary Pourakarmikas. The MCC has started collecting details of bank accounts of Pourakarmikas, both regular and outsourced.

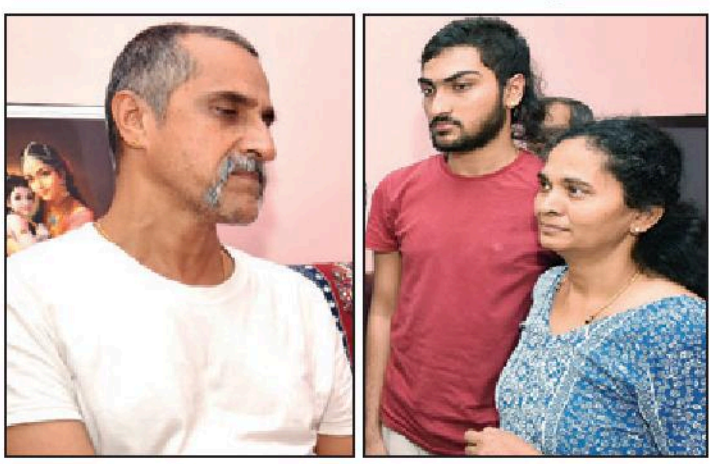
The Mysuru Deputy Commissioner had written to the State Government seeking special permission for payment of breakfast allowance in cash to the Pourakarmikas. Subsequently, the Government in an order dated Nov.12, 2019, granted permission to the MCC, while stipulating a set of conditions, to pay the allowance in cash in lieu of unserved breakfast for 42 months and to earmark funds for the same from MCC's budgetary allocation.

MCC has estimated the total expenses at nearly Rs.5.7 crore, for which it has earmarked Rs.2 crore now. The MCC will work out ways to set aside the balance Rs.3.7 crore after coming up with a re-worked plan in 2019-20 and a fresh allocation in its 2020-21 budget.

Meanwhile, Mayor Pushpalatha Jagannath said that following Government approval, the MCC has initiated the process of paying breakfast allowance in cash to the civic workers.

Mysuru student shot dead in the US

Abhishek's family to leave for US on Wednesday or Thursday



Abhishek's father Sudhesh Chand, younger brother Abhishresti and mother Nandini Aithal.

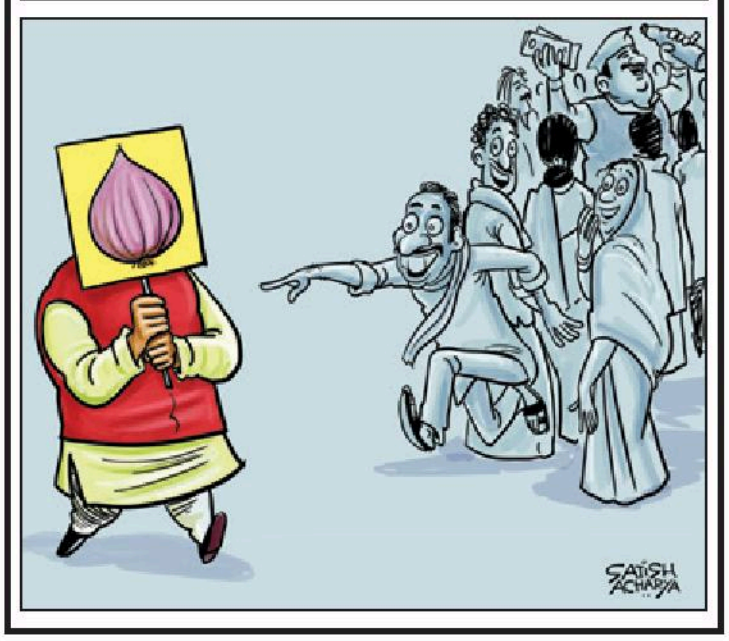
Mysuru, Dec. 3 (RK&BCT)- The distraught family of Abhishek Sudhesh Bhat from Kuvempunagar in city is set to leave for California in the US on Wednesday or Thursday.

MP Pratap Simha took the initiative of getting the Passport and Visa to Abhishresti, the younger brother of deceased Abhishek.

Speaking to *Star of Mysore*, Ramnath, a relative of Abhishek's family said that while Sudhesh Chand and Nandini had passports, Abhishresti did not have one as it had expired.

(See ABHISHEK on page 8)

STAR PUNCH By Satish Acharya



STAR OF MYSORE

"We believe comment is free, but facts are sacred."
Editor: M. GOVINDE GOWDA, M.A.
Editor-in-Chief K.B. Ganapathy B.A.; B.L.
Mysuru, Tuesday 3rd December 2019

From the *cradle* to the *grave*

Life's journey from the moment of birth to that of departing is marked by ups and downs in a mixed bag of fortunes and misfortunes. The columns of the land's dailies carrying reports of the goings seem to be an inexhaustible source of matter, call it news or information or whatever, that suffices to convince the people about the realities of that mixed bag. Whether a child is born with a silver spoon in the mouth as it were or not, that its birth as not the child's fault is universally granted. However, that sad event of departing, not in the least accepted, although inevitable, has its roots in faults in a long list committed at different stages of life. If death is caused by any of the illnesses bugging some more hurting than others medical practitioners provide the elucidation about the cause to the kin or whoever seeks to know. In case of those on the wrong side of eighty years or more their death is explained as due to age-related ailments, seeming to be oversimplified, considering the grief befalling the kin of the departed, more so the dependants. Deaths caused by natural disasters such as the happening in the past two years across the country or due to road mishaps are in a different class.

Six difficult-to-answer questions raised by an ancient sage in one of the Upanishads have been answered as an aid to understand the meaning of life and death, namely, (1) Whence is life born? (2) When born, how does it come into the body? (3) When it enters the body, how does it abide? (4) How does it go out of the body? (5) How does life interface its relation with nature and senses? (6) How does life interface with self? More lucid answers to the questions are to be sought from scholars.

While many life-threatening illnesses that result in death despite medical attention are dubbed as *age-related*, behaviour of human beings at different stages of life driven by the factor of psychology is crisply stated by the 8th century sage-philosopher Adi Shankara in lyric form thus: *Balastavat Kreeda Sakthah; Tarunastavat Taruneesakthah; Vriddhastavat Chintasaktah; Parame Brahmani Kopi Na Sakthah* which translates to: Childhood skips off in sport and play; Youth flies off in pursuits of love making; As one grows older, the person is drowned in worries about the security and future of his wife and children; And at no stage does one find time to lift his thoughts to God. The relation between age and behaviour as well as lifestyle of people has remained basically and barely unchanged in our times since the legendary sage portrayed but their nature and dimension of fallout in the country as well as globally present a shocking picture.

Committing criminal acts has cut across all age brackets, lawlessness is the order of the day, youths are attracted to wily politicos, the line dividing life and death, both age-wise and their manner seems to be invisible, the affluent and the sections without life's wherewithal find the road of life's journey rough and rocky on different scales.

EDITOR'S BOTTOMLINE

As onion prices touched Rs.100 a kg in some parts of the country, an MLA of the Opposition RJD in Bihar turned up in the Assembly wearing a garland of onion bulbs on Wednesday last. Raja Pakar (Vaishali) MLA Shiv Chandra Ram raised slogans and attacked Chief Minister Nitish Kumar for his "empty promises" of setting up stalls where onions were supposed to be sold at Rs. 35 per kg. He said his protest was aimed to "compel the CM to take some serious action." Earlier, some of his Congress counterparts in Delhi had worn onion garlands as a mark of protest against the State Government over the issue of increasing onion prices. They were protesting in front of the State Secretariat.

—In Business Standard

NEWS SPARKLERS

Woman arrested for not holding escalator handrail

Quebec: A Canadian woman, who was arrested for not holding on to an escalator handrail has been awarded $20,000 in damages by the nation's Supreme Court.

Bela Kosoian was riding an escalator at the Montmorency Montreal Metro station in Laval, Quebec, in 2009 when an officer stopped her because she wasn't holding on to a handrail. A sign that stated "caution" and "hold handrail" was located near the escalator.

Kosoian was subsequently detained and when she was released, she was given one $100 ticket for disobeying the sign, and a $320 fine for obstructing an inspection worker.

But the Supreme Court "unanimously disagreed," and said the sign in the Metro station that said to hold on to the handrail "was a warning" and not a law. They found the officer "was wrong to stop and search her for breaking a law that didn't exist." The court ruled Kosoian be paid $20,000 in damages in Canadian dollars.

Man buys X-rated number plates while drunk

Isle of Wight: A dad-of-five has had a rude awakening after buying a set of X-rated number plates when he was drunk - he can't shift them.

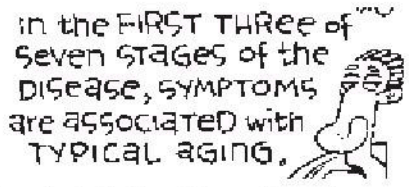
Darren Street, 45, from the Isle of Wight, spent £399 each on four reg plates which all have the same reference to a sex act and a sexual position.

The 45-year-old bought 'BJ69 XXL', 'BJ69 GOB', 'BJ69 BLW' and 'BJ69 SEK' from the DVLA website thinking he could make a profit.

But his £1,600 business venture has backfired because he now can't sell them.

HEALTH CAPSULE by Bron Smith

How common is Alzheimer's disease?



An estimated 5.7 million Americans are living with Alzheimer's disease, the most common form of dementia. Thought to be caused by the accumulation of Beta Amyloid plaques and TAO tangles in the brain, it is the sixth leading cause of death in the United States.

** Health Capsules is not intended to be of a diagnostic nature.*

"Kannada Manikya Rathna Award" presented

Dr. N.N. Prahallada of Mysuru seen receiving the award from Film Actress Kushi as Sri Neelakantacharya Swamiji of Akila Karnataka Vishwakarma Unit, Tumakuru, Dr. Gunavantha Manju and others look on.

Mysuru, Dec.3- As part of Kannada Rajyostava celebrations, Athmasree Kannada Samskruthika Prathisthana, Bengaluru, presented "Kannada Manikya Rathna Award" to Dr. N. N. Prahallada, former Faculty, Regional Institute of Education (RIE), Mysuru, for his contribution to the field of education since four-and-a-half decades in a function held at "Nayana Auditorium" of Kannada and Culture Bhavan in Bengaluru on 30th November.

Former Primary and Secondary Education Minister Prof. B.K. Chandrashekar, Retired Karnataka High Court Judge Justice Arali Nagaraj, Film Actress Kushi, Anuradha Bhat and others were present at the Award function.

Dr. Gunavantha Manju, President, Athmasree Kannada Samskruthika Prathisthana, coordinated the entire programme.

Really...?

- ***Sea wolves are excellent swimmers, and their primary diet is seafood : Given their unique lifestyle, it wouldn't be wrong to say that sea wolves always have two paws in the water. Like other wolf species, the coastal wolves are great hunters, and they are also excellent swimmers. In fact, they can swim for several miles and travel from one island to another in search of food. Though inland wolves mainly feast on deer and elk, the coastal wolves are pescatarians that prefer salmon, seals, and other marine animals. If they fail to find salmon, they make do with other tasty options such as whale carcasses, river otters, herring eggs, clams, and barnacles.***

LAUGHTER THE BEST MEDICINE

A boy comes home from school and tells his daddy he got an 'F' that day. The dad gets angry and says he'll go to school the next day to make things clear. He does, and asks the teacher, "Why did you give my son an 'F'?!" The teacher calmly replies, "Because it's not possible to give him a 'G'!!"

Today's Currency Rate

1 US Dollar	= Rs. 71.62
1 UK Pound	= Rs. 92.67
1 UAE Dirham	= Rs. 19.50
1 Euro	= Rs. 79.32

VOICE OF THE READER

Stinking Flybus toilets need maintenance

Sir,

Recently I had an opportunity to travel from Bengaluru airport to Mysuru in a Flybus. This direct bus facility greatly benefits the passengers who have to travel to Mysuru. The authorities have also installed toilets in many of these buses for the benefit of passengers.

But now this toilet has become a curse as it is emanating a bad stench and to camouflage the smell, loads of air freshener was sprayed. Both of the smell combined together made our journey really uncomfortable and it was like sitting next to a toilet for 4 hours ! I request the authorities to take immediate action like getting the toilet cleaned before each trip so that journey is made comfortable.

—Sowmya

Mysuru 26.11.2019

Adopt Odd-Even date policy for dry and wet waste collection

Sir,

We see, hear and talk a lot about effective garbage collection and environmental-friendly disposal. We see majority of people segregating dry and wet waste and handing over the same to MCC workers but it is sad that these workmen recklessly mix it in their containers. In fact it is not their mistake, thanks to ineffective resources deployed by the City Corporations.

I suggest that across the country we should adopt Odd - Even date policy for dry and wet waste collection similar to Delhi traffic control model for reducing pollution. This model will help and build more efficiency since the available resources will meet the purpose. Secondly no segregation after collection and easily these can be dumped in separate sites.

Hope, this can be adopted quickly by our MCC so that we all can build a Swachh Mysuru and a Swachh Bharat.

—H.N. Ramesh

Mysuru 29.11.2019

No power tomorrow

Mysuru, Dec. 3- Power supply will be disrupted from 10 am to 5.30 pm in Subhashnagar 1st, 2nd and 3rd Cross road and nearby areas for periodic maintenance.

Owing to emergency works taken up by L&T on Paduvana Road tomorrow (Dec.4), power will disrupted from 10 am to 6 pm on Paduvana Road, T.K. Layout, RTTC, Anikethana Road, New Kantharaj Urs Road, A & D Block and surrounding areas, according to a press release.

Selected for State-level Co-curricular Competitions

Mysuru, Dec.3- The Department of PU Education had organised divisional-level co-curricular competitions at Chikkamaglur on Nov.30. Students of Vijaya Vittala PU College S. Bharath and D.A. Shreyas have won prize in the GK quiz competition and have been qualified to participate in the State-level competitions at Bengaluru.

Bharath

Shreyas

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M.Phil ADMISSION NOTIFICATION 2019-20

Online applications are invited from eligible candidates for the Entrance Examination for admission to M.Phil course for the academic year 2019-20

COURSE	ELIGIBILITY
M.Phil - Clinical Psychology (Approved by RCI)	2 years M.A/M.Sc degree in Psychology from a University recognized by the UGC with a min of 55% marks in aggregate. For SC / ST category min. of 50% marks in aggregate is essential, as per GOI.

- Selection will be based on objective type written test and interview.
- The candidates who fulfill the requisite qualifications as mentioned above have to apply **ONLINE** through website: **www. jssuni.edu.in.**
- Candidates may apply online for the course on payment of **Rs. 2,040 /-** through online payment only.
- The schedule for last date for submission of online application form, entrance test and interview is announced on the JSS AHER website: www.jssuni.edu.in shall be active for application **upto 13.12.2019.**

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NEWS BRIEFS

Competitions

Department of Public Instruction has organised competitions for teachers of Primary and High Schools of the district on Dec. 10 at JSS Girls High School in Saraswathipuram here. Competitions such as Bhavageethe, extempore talk, essay writing, on the spot furniture-making, drawing, quiz-general and science will be held. Teachers who have stood first in the taluk-level competition are eligible to participate.

Diploma course in Co-op. Management

Karnataka Institute of Co-operative Management, Sahakara Bhavan, Chamaraja Double Road in city, has invited applications from eligible candidates for admission to six-month Diploma course in Co-operative Management through distance education. The admission is open to all candidates who are serving in various capacities in Co-operative Societies. Applications can be obtained at the institute from Dec.12 by paying the prescribe fee and the last date to submit the filled applications is Dec.31. For details, call Ph: 0821-2520563 or Mob: 94490-75746 or 98459-18519.

Bhavageethe Contest

Rangataranga Trust, Chamarajanagar, is conducting a State-level Bhavageethe contest at Dr. Shivaratri Rajendra Bhavan in JSS Hospital premises on M.G. Road in city on Dec.8. The contest will be held under below 15 years and above 15 years. Those interested can register at the venue by 10.30 am on Dec.8 by paying an admission fee of Rs.50. For details, call Mob. 98441-60137/ 99452-24729.

Old age home admission

S.S. Manoj Physical and Old Age Home, Janatha Colony, Yelwal, Mysuru Taluk, is admitting destitute elderly citizens and physically challenged persons, for providing shelter. Admission is open to elderly persons aged over 60 years and physically challenged persons aged over 18 years. For details, call Ph: 0821-2402706 or Mob: 95917-23706.

KRS Water Level

(Maximum : 124.80 feet)

Today	123.49 ft
Yesterday	123.53 ft
Inflow	4,374 cusecs
Outflow	4,803 cusecs

Kabini Level

(Maximum : 2,284.00 feet)

Today	2,279.23 ft
Inflow	2,666 cusecs
Outflow	2,200 cusecs

District Administration gears up for Hunsur by-polls

Mysuru, Dec.3 (RK&DM)- Mysuru Deputy Commissioner Abhiram G. Sankar, who is also the District Electoral Officer, said that all preparations have been made for the Hunsur by-poll on Dec.5.

Addressing a press meet here yesterday, Abhiram G. Sankar said that the public campaign ends at 6pm on Tuesday (Dec.3) and the voting will take place from 7am to 6pm on Dec.5. The counting of votes will be taken up at D. Devaraj Urs Government First Grade College in Hunsur town on Dec.9 and the results will be declared by afternoon on the same day, he said.

Pointing out that the Election Commission has appointed Amar Kushwa (Mob:72598-13556) as the General Observer and Upinder Bir Singh (Mob:78998-31135) as Expenditure Observer, he said that the members of the public can call these Officers to register complaints on poll code violations and other electoral malpractices.

Deputy Commissioner Abhiram G. Sankar and SP C.B. Ryshyanth displaying the new Voter ID Smart Card during the press meet in city yesterday.

Stating that there are 2,27,974 voters in Hunsur Assembly segment, the DC said that 274 polling booths have been set up across the Constituency. The mustering will take place at D. Devaraj Urs College at 6am on Dec.4. Following directions from the Election Commission, dry days have been declared from 6pm on Dec.3 to midnight of Dec.5 and on the counting day on Dec.9, he said and added that all fairs, festivals and other public events on Dec.5, have been cancelled.

Continuing, the DC said that the voters should bring any one of their photo identity cards such as Election ID card, Aadhaar Card, DL, Bank Passbook, Passport, Pan Card, Post Office pass book, other Government Id cards, etc., in order to exercise their franchise.

Explaining the security arrangements made for ensuring a peaceful, free and fair polls, he said that CRPF personnel will be deployed at all sensitive polling booths to strengthen security.

SP C.B. Ryshyanth and other officials were present at the press meet.

Candidates make last minute efforts as public campaigning ends today

Bengaluru,Dec.3 (KMS&DM)- With public campaigning for the Dec.5 by-polls to 15 Assembly segments in the State coming to an end today, candidates from all the three major parties — BJP, Congress and JD(S), are making a last minute bid to woo the voters.

Hunsur, K.R.Pet, Chikkaballapur, Hoskote, Mahalakshmi Layout, Yeshwanthpur, K.R.Puram, Shivajinagar, Vijayanagar-Hospet, Ranebennur, Hirekerur, Yellapur, Athani, Gokak and Kagawad Assembly segments are going to the by-polls on Dec.5. The counting of votes will take place on Dec.9.

The ruling BJP has given tickets to all the disqualified Legislators, who were earlier with the Congress and JD(S).The Opposition Congress and JD(S) have fielded new faces to take on the BJP. While the BJP is hoping to bag a majority of the seats and thus secure it's government, the Congress and JD(S) are attempting to turn the tables on the BJP by winning at least 10 seats, that will push the BJP to a minority in the Assembly. With just two days left for polling, there are speculations that the Congress and JD(s) have entered into a tacit understanding to defeat the BJP in the by-polls.

The two parties are said to have already started informal talks on entering into a fresh tie-up post the by-poll results, which will be announced on Dec.9. However, on it's part, the ruling BJP is confident that it will win a majority of seats in the by-polls, which will boost it's number in the Assembly.

Rape and murder of veterinarian in Hyderabad

Organisations, students demand rigorous punishment to rapists

Members of various organisations and students of Sarada Vilas Law College forming a human chain at Ballal Circle yesterday to condemn the rape and murder of the veterinarian in Hyderabad.

Mysuru, Dec.3 (PM,MTY& KS)- Condemning the rape and murder of a veterinarian at Hyderabad, members of Karnataka Veterinarians Association, Mysuru District Unit and Gandhada Gudi Foundation staged a protest in front of Deputy Commissioner's Office here this morning and demanded rigorous punishment for the four accused.

Yesterday, Members of various organisations such as SC-ST Hitharakshana Vedike, Azad Hindu Sena, Karnataka Yuva Vedike, students of Sarada Vilas Law College and others, who assembled near Ballal Circle, formed a human chain and stage a protest.

Meanwhile, Prajnavantha Nagarika Vedike and Pathi Foundation, which condemned the rape and murder, observed a few minutes silence at Agraharaha Circle in city.

SC-ST Hitharakshana Vedike President Sridhar, Azad Hindu Sena's J. Jayashankar, Karnataka Yuva Vedike President Suresh, Hotel Owners Association President C. Narayana Gowda, M.D. Parthasarathy and others took part in the protest.

Two arrested for stealing bicycles, assaulting people

Rs. 2 lakh worth items recovered

Nanjangud, Dec. 3 (KS)- Nanjangud Sub-Division Police have arrested two youths on charges of committing various crimes and have recovered items worth Rs. 2 lakh from them.

The arrested are 24-year-old Vasanth Kumar and 34-year-old Shankar, both residents of Mandakalli in Mysuru taluk.

The accused on Nov. 28 night, had stolen two bicycles of kids from the house of one Abdul Subhan at Badanawalu village and were transporting the same in an auto, when the family members of Subhan chased the auto and managed to stop it near the village. But the accused, assaulted the family members and had snatched away Rs. 1,000 from Subhan before fleeing from the spot.

Apart from the above incident, the accused had entered the old Police Station premises and had stolen iron pipes installed in the toilet, which the Police came to know during interrogation. Separate cases were registered at Kavalande Police Station in this regard.

Kavalande Police, who took up the investigation, traced the accused and arrested them within three days of registering the case.

Nanjangud Circle Inspector Rajashekar supervised Sub-Inspector Satish and staff Maheshan, Abdul Latif, Devaraju, Suresh, Srikanth and Krishna, in the nabbing and recovery operation.

Sulwadi Maramma Temple Poisoning Case

Supreme Court dismisses bail plea of prime accused

Chamarajanagar, Dec.3 (SS& KS)- The Supreme Court yesterday dismissed the bail plea of Immadi Mahadevaswamy, the prime accused in Sulwadi Maramma Temple food poisoning case in which at least 17 people

Immadi Mahadevaswamy

died and over a hundred fell ill, after consuming poison laced 'prasadam' on Dec.14, 2018.

As the High Court had rejected the bail plea of Mahadevaswamy, he had filed the bail application at Supreme Court on Nov.5. A bench of Justices comprising Justice N.V. Ramana, Ajay Rastogi and V. Rama Subramanian, who heard the bail plea, rejected the plea.

Immadi Mahadevaswamy has been in jail, along with three other accused after being arrested by the Police a couple of days after the incident.

Fake 'Sadhus' arrested for duping finance company owner in Kushalnagar

Kushalnagar, Dec.3 (KS)- Kushalnagar Police have arrested four fake 'Sadhus' who had duped a finance company owner and had made away with a mobile phone and cash from him.

The arrested fake 'Sadhus,' said to be natives of Rajasthan, are Naganath, Mujurnath, Surabhnath and Umeshnath.

The Police have seized a car besides confiscating various powders, which have been sent to a laboratory for testing.

On Nov.24, the fake 'Sadhus,' who came to Janashree Finance on IB Road in Kushalnagar, met B.A. Nagegowda, the owner of the company and had introduced themselves as Naga Sadhus from the Himalayas, gave him a powder to sniff and after Nagegowda fell unconscious, the accused had made away with Nagegowda's mobile phone and cash.

Following a complaint by Nagegowda, Kodagu SP Dr. D.P. Sumana had formed a team headed by Dy.SP P.K. Muralidhar to nab the accused.

The Police team, which took up the investigation, have arrested all the four fake 'Sadhus.'

Prisoners who escaped after assaulting Cop sentenced to seven years

Mysuru, Dec.3 (SBD&KS)- The 2nd Additional District and Sessions Court on Monday sentenced two jail inmates to seven years imprisonment for assaulting a Police personnel and escaping from the hospital.

Those sentenced are Sunil and Satish, inmates of Mysuru Central Prisons.

The duo, along with another inmate Thimmaraju, who were serving jail term in various cases, were admitted to the Jail Ward in K.R. Hospital, following illness.

On Jan.18, 2011, they made plans to escape from the hospital. As per the plan, Thimmaraju began to act as if he was suffering from seizure (fits) and City Armed Reserve (CAR) personnel Radhakrishna, who was on duty, came inside the Jail Ward to enquire, the trio assaulted him, took away the keys of the Jail Ward, locked Radhakrishna in the Ward and fled from the hospital.

Radhakrishna, after managing to come out, lodged a complaint with Devaraja Police.

Devaraja Police, who had registered a case, arrested the trio and had submitted a charge-sheet against the three with the Court. However, Thimmaraju died while on trial. Judge Gerald Rudolf Mendonsa, who heard the case, sentenced Sunil and Satish to seven years imprisonment besides imposing a fine of Rs.10,000 on them.

Police rescue kidnapped youth in one hour, nab three abductors

Mysuru, Dec.3 (KS)- Three persons, who had kidnapped a 21-year-old youth at Alanahalli and demanded Rs.50,000 for his release, have been nabbed within an hour of committing the crime on Sunday.

The arrested are 29-year-old Manjunath and 25-year-old Nagaraju of Nadanahalli and 32-year-old Naveen of Subramanyeshwara Nagar in Hebbal 3rd Stage here.

The three kidnappers, on Dec.1, had kidnapped 21-year-old Yashwanth near Deve Gowda Circle in Alanahalli Police limits and had demanded Rs.50,000 ransom from Yashwant's brother Manu, following which Manu had lodged a complaint at Alanahalli Police Station.

Alanahalli Police, who acted swiftly, nabbed the three kidnappers and rescued Yashwanth near Kanaka Bhavan in Nadanahalli within an hour.

DCP M. Muthuraj and Devaraja Sub-Division ACP M.N. Shashidhar, supervised Alanahalli Inspector H. Hariyappa, ASI H.K. Sridhar and staff Chowdappa, Shivaprasad and Manik in the nabbing and rescue operation, according to a press release from the PRO, City Police Commissioner's Office, Mysuru.

Government of India
Bhabha Atomic Research Centre
Yelwala, Mysuru – 571130

Brief Tender Notice

Tender Notice No.BARC/O&M DC&I/DCS/TMC/BP/19/1

The Chief Engineer, BARC Mysuru on behalf of the President of India invites tender in sealed covers for the work,"BIENNIAL maintenance contract of DISTRIBUTED CONTROL SYSTEM (DCS)" at BARC, Mysuru.

Name of the Work	BIENNIAL maintenance contract of DISTRIBUTED CONTROL SYSTEM (DCS): Make: Schneider Electric: Quantum, Premium, M238, M340&Micro PLC Series And Supply of PLC spares on demand.
Estimated Cost	Rs. 25,00,000/- (Twenty Five Lakh only)
Earnest Money Deposit @ 2%	Rs. 50,000/- (Fifty thousand only)
Cost of Tender Document	Rs. 500/- (Five hundred only)
Period of contract	Two year (Extendable by one more year by mutual consent/Performance)
Sale of Tender Documents	02/12/2019 (11 hrs) to 13/12/2019 (15 hrs)
Last date of receiving offers	27/12/2019 (15 hrs)
Opening of Tender	13/1/2020 (15 hrs)
Submission of tender	06/01/2020 (15 hrs)
Place of tender opening	Bld-2 (15 hrs)

Interested tenderers may please refer detailed notice inviting tender (NIT) for eligibility criteria and other details, which can be downloaded from website www.tenderwizard.com/dae and www.barc.gov.in

Superintending Engineer
For and on behalf of President of India

Obituary

Anees ur Rehman

Mysuru, Dec. 3- Anees ur Rehman (66), retired Deputy Manager of Karnataka State Finance Corporation (KSFC) and a resident of Ber-ka-Makan in Lashkar Mohalla, passed away yesterday at his residence.

He leaves behind his wife and two sons.

Namaz-e-Janaza was held at Masjid-e-Azam on Ashoka Road yesterday after Namaz-e-Mogrib, followed by the burial at the Muslim Burial Grounds near Tipu Circle.

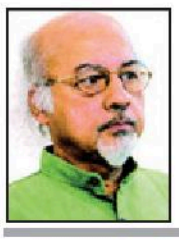
Devamma

Nanjangud: Devamma (85), wife of late Shrikantegowda and a resident of the town near Kalamandira, passed away yesterday at her residence.

She leaves behind her sons Krishnappa, an industrialist, N.S. Shivanna, officer at District Skill Development Department and two daughters.

Last rites were performed at the burial grounds near Parashuram Temple in the town yesterday evening, according to a family sources.

About the tyranny of er... Others



Point of VIEW

T.J.S. George

This week, I shall plagiarise. Without shame. I shall reproduce whole sentences from a book review in the *Financial Times* of London because they are sentences that sum up our lives here in our country. The book is *How To Be A Dictator* by Frank Dikotter and the reviewer is Tony Barber, *FT's* Europe commentator. I bow to them all. *Sarve mangalam bhavantu.*

Dikotter's book is a study of dictators who are recognised as dictators (as distinct from modern dictators who are projected as Democracy's protectors). The predictable dictators in the book are Mao Zedong, Benito Mussolini, Adolf Hitler, Josef Stalin, Kim Il Sung, 'Papa Doc' Duvalier of Haiti, Nikolas Ceausescu of Rumania and Mengistu Haile Mariam of Ethiopia. The author concentrates on a feature common to them all — the cult of personality, a phrase made famous by Nikita Khrushchev when he found the courage to denounce Stalin at the Soviet Party Congress in 1956.

Remember, **Stalin was revered by a generation of Russians despite the horrors associated with him. So Khrushchev's revelations showing Stalin as a flawed personality caused an earthquake among party faithfuls.** "Everything crumbled, never to be made whole again."

We need to remember those words while reading Tony Barber's account of personality cult. Here is what he says: **"What are the major elements of a modern personality cult? Dictators tend to portray themselves as humbly born sons of the people, endowed with special talents and working tirelessly for the nation.** Not unlike Vladimir Putin of Russia, Mussolini arranged publicity photographs of himself racing cars, toying with lion cubs, addressing a crowd, threshing wheat or playing a violin. He appeared as fencer, yachtsman, swimmer and pilot.

"Dictators like to found or update official ideologies to reflect their self-image as profound thinkers and wise rulers. Kim's gift to North Korea was Juche thought, usually rendered in English as self-reliance. **Duvalier, who once remarked that 'when one is a leader, one must have a doctrine,' was awarded the title of Grand Master of Haitian Thought for his collected works,** which State radio said elevated him to the level of Plato, St. Augustine, Rudyard Kipling and Charles de Gaulle.

"Mao posed as 'a renaissance man, a philosopher, sage and poet wrapped in one, a calligrapher immersed in the literary traditions of his country.' No other dictator matched him for catch phrases. **Revolution is not a dinner party, Imperialism is a paper tiger, and Power comes from the barrel of a gun were all coined by Mao."**

And how do others perceive these dictators? **"The masses learn to put on an act and fake consent. When Kim died in 1994, North Korean mourners strove to outdo each other in outpourings of grief waving their fists at the sky in feigned rage."**

"At the same time, people in a **dictatorship often blame the leader's evil advisers, not the genius himself, when things go wrong.** Of course, this is partly **because the dictator lies to the public on a grand scale.** Mussolini went to great lengths to conceal from people the atrocities his regime committed in Libya and Ethiopia."

"Dikotter's book is a study of dictators who are recognised as dictators (as distinct from modern dictators who are projected as Democracy's protectors). The predictable dictators in the book are Mao Zedong, Benito Mussolini, Adolf Hitler, Josef Stalin, Kim Il Sung, 'Papa Doc' Duvalier of Haiti, Nikolas Ceausescu of Rumania and Mengistu Haile Mariam of Ethiopia.

"Hitler, Mussolini and Stalin also conned visiting foreign intellectuals and politicians into regarding them as reasonable men, not as warmongers and organisers of domestic repression they actually were. Each was undoubtedly popular, even revered, for a while. But [as a German diarist wrote of Hitler], who can judge the mood of 80 million people, with the press bound and everyone afraid of opening their mouth?

"*How to be a dictator* is a timely book and enjoyable to read. It is strangely comforting to be reminded that many of the dictators in Dikotter's book came to an ignominious end. But that is no excuse for underestimating the need to protect Democracy today."

As irony would have it, protect *democracy.org* is a registered organisation in the US "dedicated to fighting attacks, from home and abroad ... and protect our Democracy from those who would do it harm." **For many Americans these are unusual times when they see their elected President as a threat to their system of Democracy. When the American Presidency itself is a threat to Democracy, where do we turn for salvation?**

Important PS: Please note that every word in this column is about Trump, Stalin, Mao and sundry far-away dictators. It's all about "the tyranny of strongmen" (*FT* title) in remote lands. It's not about anyone else. Please note that this column is about Stalin and Mao and others, please note it is not about anyone else. Please note...

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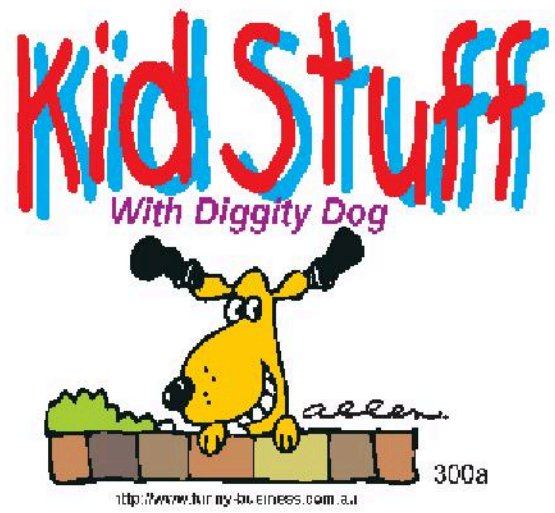
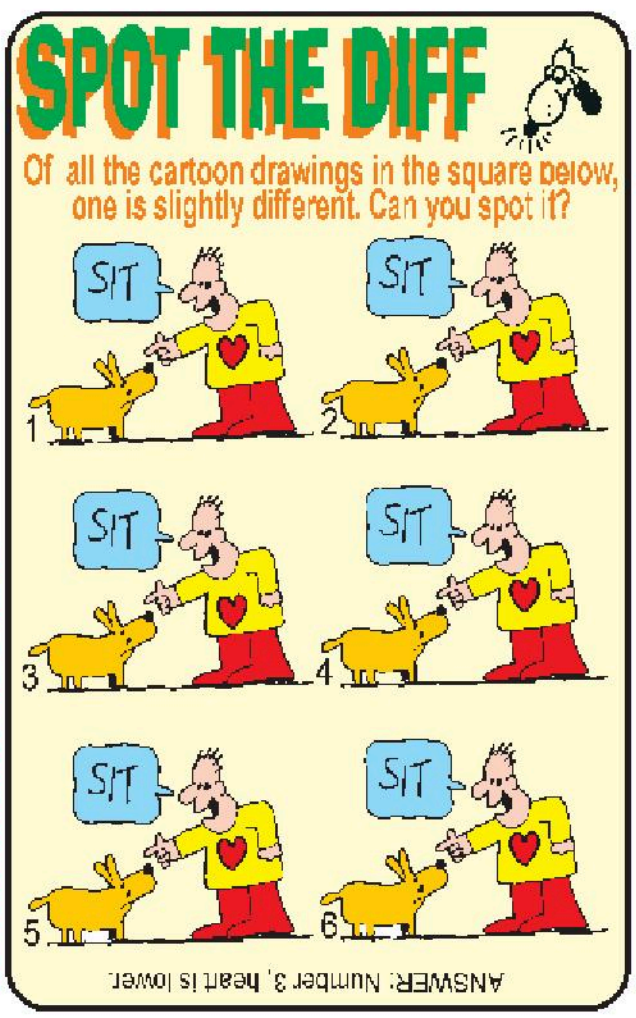
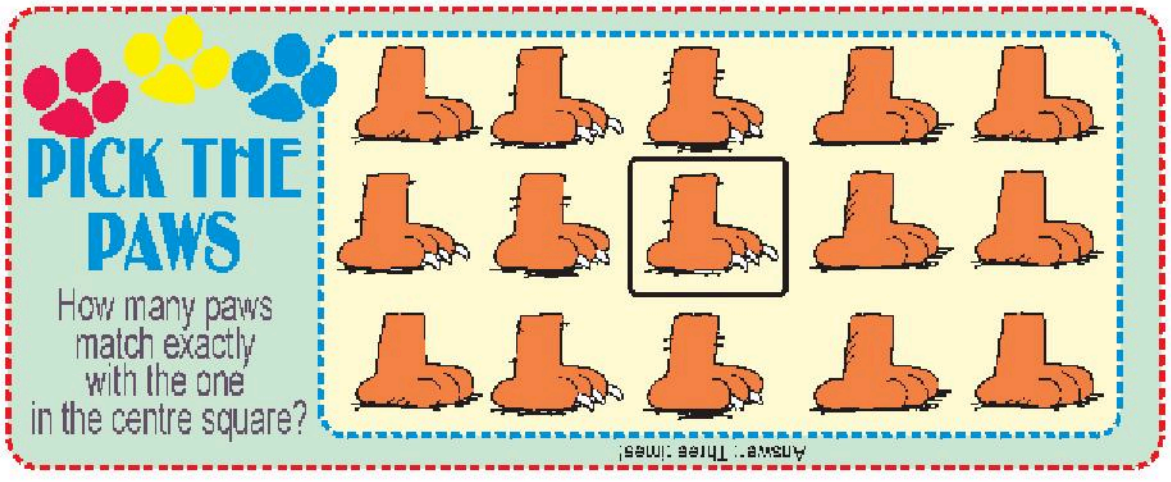
www.tjsgeorge.info



3 D FUN!
Hold the cartoon close to your nose while focusing through the page, then move it away slowly. A 3 D image will come out of the page at you!
HISSSSSS!
HISSSSSS!





Promoting Participation of Persons with Disabilities and their Leadership

Irfana Husen

Since 1992, the International Day of Persons with Disabilities (IDPD) has been annually observed on 3rd December around the world. The theme for this 2019 IDPD is *'Promoting the participation of persons with disabilities and their leadership: Taking action on the 2030 Development Agenda.'* The theme focuses on the empowerment of persons with disabilities for inclusive, equitable and sustainable development as envisaged in the 2030 Agenda for Sustainable Development, which pledges to 'Leave no one behind' and recognises disability as a cross-cutting issue, to be considered in the implementation of its 17 Sustainable Development Goals. It was originally called "International Day of Disabled Persons" until 2007 and each year the Day focuses on a different issue.

"Rehabilitation is a strategy for enhancing the quality of life of disabled people by improving service delivery with more equitable opportunities and by promoting and protecting their human rights," says Irfana Husen, Audiologist and Speech Therapist at DDRC in Tilaknagar, Mysuru. She can be reached on Mob: 97394-61439.

The **District Disability Rehabilitation Centre (DDRC)** started as an outreach activity under the Ministry of Women and Child Development and the Department for the Empowerment of Differently-Abled and Senior Citizens for providing comprehensive rehabilitation services to persons with disability at the grassroots level.

As per the country's latest statistics, an estimated 2.1 percent of Indian population have a disability, a humbling figure of once 26 million people. A person can face disability intellectually and physically at any point in their life from medical complication to life-altering events.

Around 74 percent people come under rural area and only 5 percent gets rehabilitation services while 95 percent go without any facilities due to lack of awareness among the rural populace. To overcome these drawbacks, DDRC was established in Mysuru in 2011 under the aegis of the Department for the Empowerment of Differently-Abled and Senior Citizens, the Department of Women and Child Development and Indian Red Cross Society.

The Government of India has brought out an Act for the disabled to make sure they also form an important part of nation-building. The Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act, 1995 came into force on Feb. 7, 1996 — a significant step which ensures equal participation for people with disabilities.

The Act provides for both preventive and promotional aspects of rehabilitation like education, employment, vocational training, reservation, research, manpower development and creation of barrier-free environment among others.

Type of disabilities increased from 7 to 21

The Rights of Persons with Disabilities Bill - 2016 replaces the existing PWD Act 1995 in which type of disabilities have been increased from the existing 7 to 21 disabilities: **1.** Blindness, **2.** Low vision, **3.** Leprosy-cured persons, **4.** Hearing impairment (deaf and hard of hearing), **5.** Locomotor disabilities, **6.** Dwarfism, **7.** Intellectual disability, **8.** Mental illness, **9.** Autism spectrum disability, **10.** Cerebral palsy, **11.** Muscular dystrophy, **12.** Chronic neurological condition, **13.** Specific learning disability, **14.** Multiple sclerosis, **15.** Speech and language disability, **16.** Thalassemia, **17.** Haemophilia, **18.** Sickle cell disease, **19.** Multiple disabilities including deaf, blind, **20.** Acid attack victim, **21.** Parkinson's disease.

Different types of therapies at DDRC in Mysuru.

Mysuru District Disability Rehabilitation Centre's outreach activity in rural and urban areas

The District Disability Rehabilitation Centre (DDRC) in Tilaknagar, Mysuru, remained closed this morning to facilitate the staff to attend International Day of Persons with Disabilities programme at Dasara Exhibition Grounds.

Objectives of DDRC

- Survey and identification of persons with disabilities through camp approach, facilitation of disability certificate, bus pass and other concession along with issue of Unique Disability Identity (UDID) card.
- Early intervention and facilitating insurance schemes.
- Assessment of need for assistive devices, provision / fitment of assisting adip/ alimco camps for distribution of aids and assistive devices in the district.
- Therapeutic services like physiotherapy, occupational therapy, speech therapy, auditory training, counselling etc.
- Referral and arrangement of surgical correction through Government and Charitable Institutes.
- Arrangement of loans for self-employment through banks and other financial institutions.
- Counselling for persons with disabilities, their parents and family members.
- Orientation to teachers, community and families.
- Training to persons with disabilities for early motivation and early stimulation for education, vocational training and employment.
- Identifying suitable vocations for persons with disabilities, keeping in view local resources; designing and providing vocational training so as to make them economically independent.
- Provide referral services for existing educational training, vocational institutions and to act as outreach centre for the services provided by the institutes.
- Counselling on Gram Panchayat, Taluk Panchayat, Zilla Panchayat and other Departments that reserves 5% grants to the empowerment of persons with disabilities.

13,131 persons registered, 2,450 camps held

Speaking to *Star of Mysore*, Irfana Husen, Audiologist and Speech Therapist at DDRC, said that the Centre has a total of 13,131 persons with disabilities as registered members. It has conducted around 2,450 camps (Awareness, Assessment and Distribution Programmes) in rural and urban areas of Mysuru and undertaken 2,521 counselling sessions regarding educational facilities and services available for special kids. Vocational training was imparted to 474 identified beneficiaries and counselling on self-employment for 1,517 beneficiaries.

A total of 11,395 follow-up cases for physiotherapy, speech therapy, auditory training and counselling have been going on at DDRC.

Aids and appliances available at DDRC

Cerebral Palsy (CP) chair, wheel chair, auxiliary crutches, elbow crutches, splints, gaiters, walking stick, standing frame, rollator, white cane, callipers, tricycle, behind the ear hearing aids, pocket hearing aids, MR kits, motorised vehicles, artificial hand, artificial leg, spinal braces, walker, surgical shoe, air bed, water bed, Braille aids and knee caps are the aids and appliances available at DDRC to be distributed to the identified beneficiaries.

International Day of Persons with Disabilities

Special children shun inferiority complex and prove their abilities: ZP President

ZP President Parimala Shyam along with special children lighting the lamp to inaugurate the programme to mark International Day of Persons with Disabilities at P. Kalinga Rao Gaana Mantapa at Dasara Exhibition Grounds here this morning as DLSA Member-Secretary B.P. Devamane, Taluk Panchayat President Kalamma Kemparamaiah, ZP CEO K. Jyothi, Women and Child Development Department Deputy Director K. Padma, Mayor Pushpalatha Jagannath, Vikalachetanara Okkota President Sridhar Dixit, Additional DC Poornima and others look on. Picture right shows special students at the programme. [Pic. by Pragathi Gopalakrishna]

Mysuru, Dec.3 (RKB&US)- Marking International Day of Persons with Disabilities, a function was organised by the District Administration, Zilla Panchayat (ZP), Department for Women and Child Development, Department for Empowerment of Senior Citizens and Physically Challenged and District Legal Services Authority (DLSA) at P. Kalinga Rao Gaana Mantapa at Dasara Exhibition Grounds here this morning.

About 1,500 specially-abled people including children from the district participated in the programme.

The programme was aptly inaugurated by a few physically challenged children by lighting the lamp with the dignitaries in the background.

Speaking as the Chief Guest, Zilla Panchayat President Parimala Shyam asked the specially-abled children to shun inferiority complex and prove their special abilities. She pointed out that the government has implemented many schemes for the benefit of physically challenged. She commended the NGOs in helping the specially-abled children through various projects.

Mayor Pushpalatha Jagannath released the Braille Calendar on the occasion.

A cultural programme was also held where parents with their physically challenged children in wheel chairs danced to popular film hits.

MLA L. Nagendra, Taluk Panchayat President Kalamma Kemparamaiah, DLSA Member-Secretary B.P. Devamane, Additional DC Poornima, Karnataka Exhibition Authority CEO Girish, Women and Child Development Department Deputy Director K. Padma and others were present.

Sugamya Kreedotsava-2019 held

MLA G.T. Devegowda greeting the children after inaugurating Sugamya Kreedotsava-2019 at Chamundi Vihar Stadium here this morning as other dignitaries look on.

Mysuru, Dec. 3 (PM&SD)- Grassroots Research And Advocacy Movement (GRAAM) in association with the Department of Public Education and Department of Youth Empowerment and Sports had organised Sugamya Kreedotsava-2019 at Chamundi Vihar Stadium, Nazarbad in city this morning.

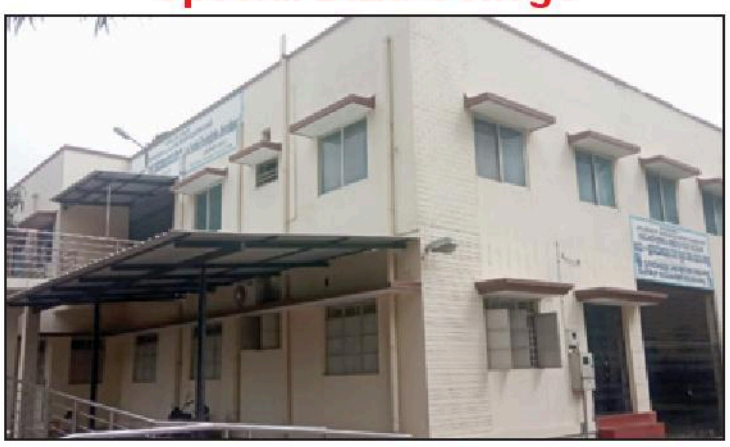
Around 660 students from 17 Governments Schools of Mysuru and Mandya district participated in the Inter-School sports competition. MLA G.T. Devegowda inaugurated the event.

GRAAM Executive Director Dr. R. Basavaraju presided over the event. Deputy Director of Department of Public Instruction Dr. Panduranga, Block Education Officer Krishna, Assistant Director of Department of Youth Empowerment and Sports Suresh and Zilla Panchayat Member Prema Kumari were the Chief Guests. International Kho-Kho player K.S. Megha was the special invitee.

Speaking on the occasion, GRAAM Executive Director Dr. R. Basavaraju gave an example of Michael Jordan, one of the greatest basketball players of all time and urged the children to take up sport and excel with devotion and dedication. After inaugurating the sports meet, MLA G.T. Devegowda opined that students should excel in sports apart from studies and urged them to participate in Dasara sports meet.

GRAAM, which is implementing *Sugamya Shiksha,* a comprehensive school development program, had organised the inter-school sports competition to strengthen the sportive spirit of the children and to support the progress of talented children in various sports. Individual games like running race along with kho-kho, volleyball and other games were conducted for boys and girls in Higher Primary and High School category.

Special D.Ed College



A Government D.Ed. College (adjacent to the District Disability Rehabilitation Centre) is functioning in Tilaknagar here since 2000 to train teachers to teach special children. Candidates who have passed 2nd PUC can get admission to the college (including physically challenged candidates).

Over the last 18 years, 889 candidates have come out of the college with D.Ed degree. They either get into Government Schools as special teachers or work for an NGO. The admission is normally restricted to only 25 candidates, according to the College Deputy Director Manjula Patil.

[See also page 7]

Abhishek's family to leave for US

(Continued from page 1)

Abhishek, a resident of Kuvempunagar, who was pursuing his Master's in Computer Science at California State University in San Bernardino, was shot dead on Nov. 28 inside the motel where he was working part-time.

Ramnath said that the Ministry of External Affairs (MEA) and the Indian High Commission were assisting the family to go to the US to receive Abhishek's body that has been kept at a local hospital in San Bernardino. The last rites of Abhishek will be performed in the US after the post-mortem is conducted.

Condoled: Meanwhile, Minister of State for External Affairs V. Muraleedharan condoled the demise of Abhishek and said that the Consulate General of India in San Francisco would extend all possible assistance to the family of the deceased.

"Deeply saddened by the unfortunate demise of Shri Abhishek Sudhesh in San Bernardino, US. Heartfelt condolences to his family. Our Consulate @CGISFO extending all possible assistance to them. Safety and welfare of our citizens abroad is a priority to our government. @MEAIndia," MoS MEA said in a tweet.

"Fighting against Government for nation's good is patriotic"

Former IAS Officer Kannan Gopinathan delivers talk on 'Democracy and Human Rights in India'

Former IAS officer Kannan Gopinathan delivering a talk at Maneyangala in Kalamandira in city yesterday.

Mysuru, Dec.3 (PM&SD)- "Speaking for the Government is not patriotic but fighting for the nation's good against the Government is patriotic," opined former IAS officer Kannan Gopinathan.

He was delivering a talk on 'Democracy and Human Rights in India: Challenges Ahead' organised by Concerned Citizen's of India (CCI) at Maneyangala in Kalamandira premises here yesterday. "Every decision by the Government is projected as a historic one but the results of such decisions are never discussed," he said.

"The Government does not seem to have any bold plans to change the way the nation is run. The scrapping of Article 370, Demonetisation, GST (Goods and Services Tax), and other such moves are being projected as major milestones, but I do not see any positive outcome to happen in the future from these decisions," he said.

State Convener of CCI B. Ravi, retired Principal Vidyashankar, Maj. Gen. (retd.) S.G. Vombatkere, writer Devanuru Mahadeva and others were present.

Gopinathan, an IAS officer of the 2012 batch of the AGMUT (Arunachal Pradesh-Goa-Mizoram and Union Territory) cadre, caught national attention after he resigned from his post in August, in protest against the Centre's decision to impose restrictions in Kashmir in the wake of the withdrawal of special status to J&K under Article 370.

Organisation working for the disabled accuse officials of apathy

Mysuru, Dec.3 (RKB&DM)- Accusing officials of apathy in implementing Government schemes for the disabled, the city's Vikala Vikasa Organisation has alleged that the funds meant for disabled welfare schemes were unspent and returned to the Union Government.

Addressing a press meet here yesterday, the Organisation President S.S. Vaidyanath claimed that District Disability Rehabilitation Centres (DDRCs) have been set up in only 16 districts, although the Union Government set aside funds for setting up the DDRCs in all districts in 2010-11.

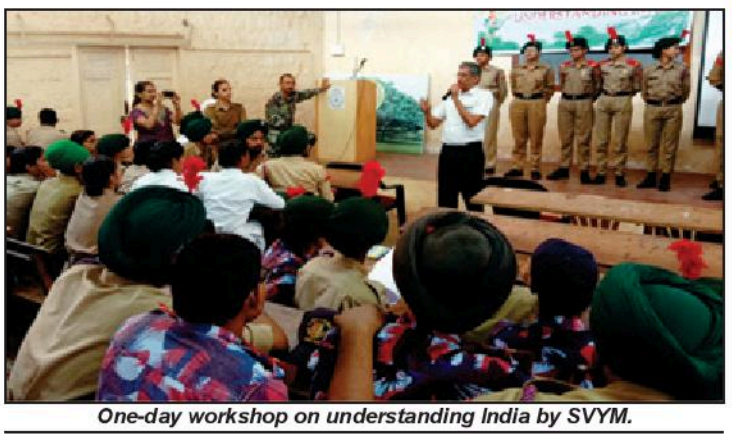
Maintaining that the Disabled Welfare Department had failed in implementing most of the Disabled Welfare Schemes, including five percent reservation in jobs, he said that the Department had failed to utilise Rs.21 crore sanctioned by the Union Govt.

Alleging that Zilla Panchayats, Taluk Panchayats, Town Panchayats, City Corporations and other Local Bodies have failed in appropriate use of 3% funds for the disabled, Vaidyanath urged the Govt. to initiate action for implementing the disabled welfare schemes.

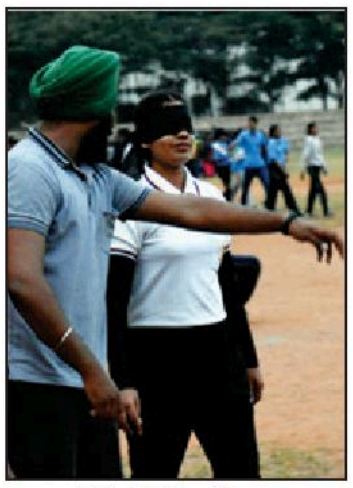
Samridhi designer expo begins

A two-day designer expo of Samridhi was inaugurated at Hotel Southern Star on Vinoba Road in city this morning by Jyotsana Irani. Others seen are organiser Geeta Patel, Rashmi Jay Kumar, Food Blogger, Priti, Rathi Somani, Fashion Designer. The expo will be open to public from 10.30 am to 8.30 pm.

Ek Bharat Shrest Bharat Camp by NCC Group concludes



One-day workshop on understanding India by SVYM.



Life Skill Training

Mysuru, Dec.3- NCC Group Mysuru conducted a National-level NCC camp called 'Ek Bharat Shrest Bharat' (EBSB) at Karnataka State Open University campus from Nov.5 to 16. About 500 boy and girl cadets from all over Karnataka and Goa attended the 12-day camp besides 100 cadets from Punjab.

The aim of the camp was to imbue the cadets, from diverse cultural backgrounds, with the spirit of National Integration and foster bonds of friendship and understanding. The cadets from outside the State were made to learn the rudiments of the local language, cuisine, attire and culture. Cadets learnt songs in others' language.

Selected cadets were put through a one-day workshop on 'Understanding India' by Swami Vivekanada Youth Movement (SVYM), Mysuru. Life skill training was imparted by EXPA, an association of Ex-NCC cadets.

Cadets were given a glimpse of 'Kamsale' by Kartik Upamanyu and his cultural team called 'Neralu'. The cadets from outside the State were spellbound by the performance. They were taken around many places of educational value around Mysuru like Infosys, Srirangapatna, Brindavan Gardens, Mysore Palace, Chamundi Hill, Bombe Mane, Kukkarahalli Lake etc. Guest lectures on Service Selection procedure, Fire Fighting were delivered apart from competitions in Group Dance, Group Song, Debate, Quiz, Volley Ball and Throw Ball were held.

At the valedictory function or 'Barakhana' Dr. Vidyashankar, Vice-Chancellor, KSOU was the chief guest. He gave away prizes to winners of various competitions after a brief cultural programme.

He commended the efforts of the NCC Officers and advised the cadets to be become responsible citizens of the country, according to a press release from Col. K. C. Iyappa [Mob:9471215343].

Bangra dance by Cadets from Punjab.

Rain Havoc...

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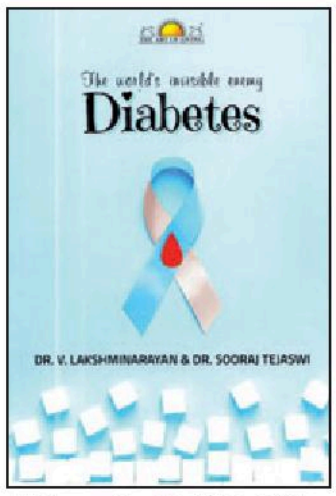
Booktalk

Visibility to the invisible illness



Title: The World's Invisible Enemy - Diabetes
Authors: Dr. V. Lakshminarayan and Dr. Sooraj Tejaswi
Pages: 292
Price: Rs.499
Year: 2019
Publisher: Sri Sri Publications Trust

Indian Medical Association (IMA), Mysuru Chapter, had organised an event in the city a few years ago in which talks were delivered by doctors with years of medical practice attending on sufferers of diabetes. One of the speakers expressed, partly in lighter vein, that diabetics are more knowledgeable about the illness than the doctors treating them. One of the speakers in the event was **Dr. V. Mohan of Madras Diabetes Research Foundation,** a leading name in both research on the ailment and its treatment for many years. In his foreword to the publication, he has showered high praise to the first author **Dr. V. Lakshminarayan,** for not only his qualities of head and heart but also his professional track record in the specialist area of treating diabetes. The co-author, **Dr. Sooraj Tejaswi,** son of the first author, is on the faculty of University of California, USA, specialising in Gastroenterology.

Paying rich tribute to Dr. Mohan in his appreciation of the publication, Dr. M. Rama Jois, Rajya Sabha Member and former Chief Justice of Punjab and Haryana High Court as well as former Governor of Jharkhand and Bihar has observed that this publication is an improved version in English of the author's work in Kannada titled ಮಧುಮೇಹ ದಶವ್ಯಾಧಿಗಳ ಮೂಲ (Madhumeha Dashavyadhigala Moola) adding that it is an invaluable contribution.

Acknowledging the valuable inputs of many to his authoring the publication, Dr. Lakshminarayan has mentioned the name of Dr. S. Venkat Rao (late), Nutrition Scientist at the Mysuru-based Central Food Technological Research Institute (CFTRI) for facilitating experience and background over more than a decade that led to writing this book.

The book has been organised into three parts — the first part comprising nine chapters, the second part 14 chapters and the third seven chapters. The reader unconsciously gets glued to the publication after getting to know the history of the illness as presented by the author along with elucidation of what diabetes is and how it is caused. Signs and symptoms of the illness explained in the book enrich the understanding of diabetes, including the case of children.

The presentation of all that one needs to know about diabetes doesn't demand knowledge of the medical terms used by the author as every such term is explained in the language also of lay readers.

The central message of the author is that diabetes can be monitored with guidance from the doctor, despite the disorder having being rated as an epidemic, with an estimated 77 million victims in India at present. Each patient of diabetes is unique and the key is individualisation of treatment, according to the author, who recommends preventive measures.

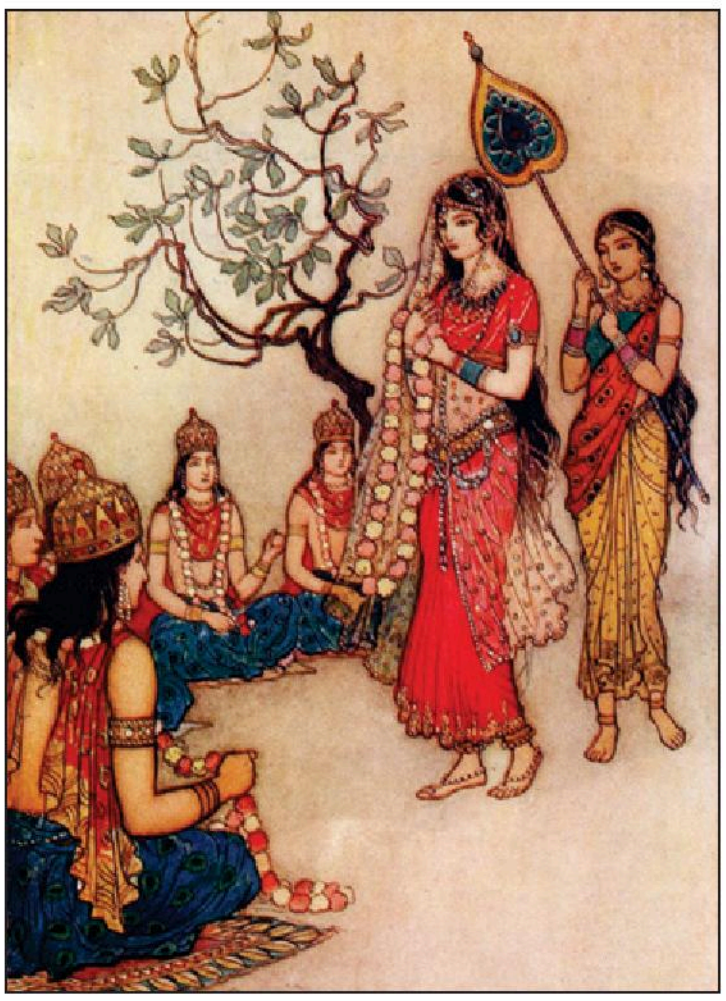
The uncomplicated charts and graphics presenting simple exercises to keep the illness in check have enhanced the book's value as a virtual life-partner to the patients. Diet, medications and habits to be eschewed have been presented using script marked by lucidity which every reader must be thankful to the authors. The two-page index, presented alphabetically, facilitates quick choosing of the specific parts of the publication for readers in a hurry.

In short, the publication priced at Rs. 499 is priceless and merits to be possessed by even those who are spared the illness. The doctors have answered virtually all FAQs (Frequently Asked Questions) about diabetes. **— BRS**

Gamaka - Vyakhyana on 'Nala Charitre'

By Dr. Padmavathi Narasimhan

Dr. Jyothi Shankar and Dr. Kabbinale Vasanth Bharadwaj during Gamaka - Vyakhyana at Nadabrahma.



Gamaka is a form of both music and literature. It is a beautiful combination of both. But the emphasis in *Kaavya Vaachana* is on literature (Sahitya) and not on music where the singer splits compound words in poems to make it easier to understand. All musicians cannot render Gamaka and so it is true with vice versa.

On the 15th of November, Nadabrahma Sangeetha Sabha celebrated Kanaka Jayanti by organising a *Gamaka - Vyakhyana* programme by two leading Gamakis of Mysore — **Dr. Jyothi Shankar** and **Dr. Kabbinale Vasanth Bharadwaj** on Kanakadasa's *'Nala Charitre.'* Both the artistes have done immense work in the field of Kannada Literature. Their passion for the same was evident throughout their essay.

Kanakadasa has developed the story of Nala - Damayanthi from the Mahabharata. Nala, the king of Nishada kingdom, is known for his culinary expertise and for his skill with horses and cookery. He marries Princess Damayanthi of the Vidarbha kingdom, who chooses him as her husband in the *Swayamvara.*

Obsessed by the demon Kali Purush, who vows to divert Nala from the path of Dharma and to separate him from Damayanthi, Nala gambles away his wealth and kingdom to his brother Pushkara. Sending the children to her father's kingdom through a charioteer, Damayanthi follows Nala to the jungle.

While in jungle, under the influence of Kali again, Nala deserts Damayanthi while she is sleeping and goes away. In the jungle, he saves Karkotaka Naga from a fire, who, in turn, helps Nala to serve Rituparna, the king of Ayodhya as cook and charioteer.

In the meanwhile, Damayanthi searches her husband in panic and eventually reaches her father's kingdom. She declares an award for anyone who finds her husband and gets to know about Nala, who is in the disguise of Bahuka. Damayanthi sends a riddle to King Rituparna to confirm her husband's presence there.

On hearing that Damayanthi is set to marry again, Bahuka (Nala) drives to Vidarbha with King Rituparna in his chariot, reaches Vidarbha, both recognise each other and unite. Now Nala has to regain his kingdom from his wicked brother Pushkara. He invites him for a game of dice again in which he is now thorough, staking his wife and kingdom and Pushkara loses everything and becomes Nala's slave. Nala forgives him and Kali and gives back his brother's kingdom.

Kali, satisfied that Nala never left the path of righteousness, offers him a boon that whoever reads his story is not unduly affected by the malefic effects of Kali. Nala and Damayanthi beget two children, a boy named Indrasena and a girl also named Indrasenaa.

The third canto from the book was chosen for the evening. Nala, impressed by hearing about Damayanthi's beauty, has fallen in love with her without seeing her. While he is pining for her in his garden, a group of swans living in the lake of the garden sees Nala's state and the leader of the group offers to help Nala by carrying his message to Damayanthi. After about a week, Nala is happy to hear from the swan that Damayanthi is also in love with her. A *swayamvara* is arranged. But the news of the *swayamvara* reaches the heavens as well, where Indra, Agni, Yama and Varuna, also impressed by Damayanthi's beauty, descend on the earth to marry her. Indra threatens Nala that he should plead with Damayanthi to choose one of the demi-Gods in the *swayamvara* or he will have to face dire consequences. A day before *swayamvara,* Indra transports Nala to Damayanthi's Palace using his divine power.

Damayanthi's joy on seeing Nala and Nala's interpretation of Damayanthi's beauty is best explained in glorified language by Kanakadasa. Nothing could dissuade Damayanthi from garlanding Nala in the *swayamvara.* A galaxy of Princes gather at the ceremony. To her astonishment, Damayanthi sees five Nalas in the hall. Realising that the demi-Gods were trying to trick her, she recognises the real Nala as the four others do not blink but the fifth one does. She garlands him and the demi-Gods bless the couple and go back to heaven.

Both Jyothi Shankar and Vasanth Bharadwaj mesmerised the listeners with their powerful rendition. Suitable ragas were selected by Jyothi for effective rendering. Bharadwaj explained the meaning of each stanza with examples and anecdotes.

Kanakadasa is easy to render and to understand and the couple did a great job of it. The joy of the elite audience was evident in the hall throughout the rendition.

South Zone Inter-University Men's Cricket Tournament 2019-20

Sudhanwa slams century
in Karnatak University's big win

Mysuru, Dec.3- Opening batsman Sudhanwa Kulkarni slammed the first century of the Tournament (119 n.o., 71b, 18x1, 1x6) and his first wicket partnership of 196-runs with fellow opener Roshan M. Javali (83, 49b, 10x4, 2x6), helped Karnatak University, Dharwad, to register a big 169-run win over Saveetha Institute of Medical And Technical Sciences (SIMATS), Chennai, in the second round of the South Zone Inter-University Men's Cricket Tournament 2019-20, conducted by University of Mysore (UoM) at the JSS (M) College Grounds here yesterday.

SIMATS won the toss and elected to bowl first and their bowlers were taken to task by the Karnatak University opening batsman Sudhanwa Kulkarni (119 n.o.) and Roshan M. Javali (83), which enabled their team to score 229/1 in 20 overs.

In reply, SIMATS were bowled out for 60 in 12.1 over. Arun Sadannavar (24) was the top scorer. Off-spinner Arun Sadannavar impressed with figures of 4/7.

Sudhanwa Kulkarni

SCORES

Second Round

Karnatak University, Dharwad: 229/1 in 20 overs (Sudhanwa Kulkarni 119 n.o., Roshan M. Javali 83) bt **SIMATS, Chennai:** 60 in 12.1 overs (M.V. Midun Sai 24 n.o., Arun Sadannavar 4/7, Akasha Goverdhan 2/19).

Thiruvalluvar University, Vellore: 51 in 15.4 overs (Karthikeye Wadhwa 3/9, B.U. Shivakumar 3/9, N. Rohan 2/0) lost to **PES University, Bengaluru:** 55/7 in 12.3 overs (M. Maniuvannan 2/13, D. Yuvaraj 2/12, R. Madhanraj 2/16).

KL University, Guntur, AP: 163/6 in 20 overs (V.V. Chintalapati 48, Leela Anjan Pendli 25, Abdul Kareem 21, Abdul Muthallib Shaik 2/37) bt **Central University of Karnataka, Kalaburagi:** 73 in 14 overs (V. Sharanu 30, B.S. Teja 4/10, D. Rakesh 3/17).

University of Hyderabad, Hyderabad: 96/9 in 20 overs (K. Harikrishna 60, S. Jagadeesan 3/29) lost to **Karpagam Academy of Higher Education, Coimbatore:** 97/3 in 17.4 overs (J. Elam Bharamy 47 n.o., K. Ashish Ranjan 2/17).

Christ University, Bengaluru: 112/9 in 20 overs (Vignesh Va Sastry 20, Rayan Ahmed Hussain 22, S. Akhil 4/13) lost to **Acharya Nagarjuna University, Guntur:** 118/7 in 17.2 overs (N.Kranti Kiran 27, K.P. Sai Rahul 20, Ryan Ahmed Husain 4/25).

Vinayaka Mission's Research Foundation, Salem: 111/7 in 20 overs (U. Rajenirakumar 30, K. Palaniswamy 22, Saravanan Vasu 20 n.o., B. Chandrashekar 2/20, A.N. Shrivatsa 2/13) lost to **Gandhi Institute of Technology and Management (GITAM), Visakhapatnam:** 112/0 in 10.5 overs (A.N. Shrivatsa 53 n.o., Rsvd Gamnesh 52 n.o).

Jawaharlal Nehru Technological University (JNTU), Anantapur, AP: 95 in 20 overs (B.M. Yashwanth 4/17, Franklin Dias 2/21) lost to **Bengaluru North University, Kolar:** 96/9 in 18 overs (K. Pranay Raghava 3/30, S. Mahammad Ali 2/14, N. Nageshwar Reddy 2/19).

APJ Abdul Kalam Technological University, Thiruvananthapuram: 110/9 in 20 overs (P.R. Vaishak 27, C.M. Anandu 23, Garimella Vamsi 2/21, K. Meganathan 2/15, M. Thirumanivasan 2/24) lost to **Bharathidasan University, Tiruchirappalli:** 111/6 in 17.4 overs (K. Meganathan 40 n.o., R. Balakrishnan 23, P.G. Sibin 2/19, A.S. Abhiram 2/20).

Alagappa University, Karaikudi: 88 in 19.5 overs (Rajesh Maniaran 35, Dinesh Rajavel 3/10, Shridharan Rajendran 2/14) lost to **Anna University, Chennai:** 89/0 in 7 overs (Rajkumar Krishnamurthy 48 n.o., Vaibhav Sankaran 30 n.o.).

Vels University, Pallavaram: 71 in 13.3 overs (K. Stephen Angelo 23, P.C. Arun Monappa 4/6, Ashwij V. Hegde 2/7, A.N. Shreyas 2/14) lost to **Mangalore University, Mangaluru:** 75/7 in 18.5 overs (A. Shenbagnathan 2/14).

Kensville Open 2019

Delhi Golfer Shamim Khan triumphs
Yashas, Aalaap of Mysuru fare well

Ahmedabad, Dec.3- Delhi's Shamim Khan coasted to a comfortable three-shot win at the Kensville Open 2019 Presented by TATA Steel PGTI, a Rs.40 lakh event, played at the Kensville Golf & Country Club near Ahmedabad on Sunday.

The experienced Shamim, the overnight leader by two shots, posted a tenacious two-under-70 in the final round to emerge as the wire-to-wire champion with a winning total of 13-under-275. Khan thus lifted his 15th trophy on the TATA Steel PGTI which also accounted for his overall 17th professional win.

Mysuru lad M.S. Yashas Chandra (JWGC) finished tied 26th with a four-day aggregate score of 2-over-290.

Shamim Khan

Udayan Mane secured the runner-up spot with a 10-under aggregate score of 278. Chandigarh's Abhijit Singh Chadha shot the day's joint lowest round of 68 to claim tied third place at six-under-282 along with Om Prakash Chouhan (71) of Mhow.

Gurugram's Veer Ahlawat, the winner on the PGTI last week, took a share of fifth place along with Kolkata's Sunit Chowrasia at five-under-283.

Another Mysuru lad I.L. Aalaap (JWGC) also fared well by carding a four-day aggregate score of 5-over-293 and finished 35th in the final rankings.

City Master Athlete bags Bronze in Asian Meet

***Master athlete M. Vijaya Shankar of Mysuru** (extreme right), representing India in the 21st Asia Masters Athletic Championships held at Kuching, Sarawak, Malaysia, on Monday, won the Bronze Medal in the Men's 35-plus Triple-Jump event jumping a distance of 12.69m.*

Grade III ITF Junior Tennis in Pune

Arnav Pathange enters main draw

Pune, Dec.3- Mysuru lad Arnav Pathange, taking part in the Grade III ITF Junior Tennis Tournament 2019 at Pune, won his final qualifying round match in the Junior Boys Singles event and entered the main draw of the Tournament yesterday.

Arnav Pathange

In the final qualifying round, Arnav Pathange beat Girish Chougule 6-1, 6-1 and earlier in the second round, got the better of Mohit Bondre 3-6, 6-2 (10-3).

In the first round match, Arnav Pathange will meet Aayush P. Bhat on Wednesday.

MYSORE RACES 2019

(By Our Racing Correspondent)

Gran Paradiso expected to win

Mysuru, Dec.3- Following are the selections for the 4th Day of Mysore Races to be held here tomorrow (4th December 2019):

1.	2.30 PM	**THE NAGARJUNA SAGAR PLATE**
		1100 mts (2 years terms)
		1. King of The Jungle 2. Intense Command
2.	3.00 PM	**THE PATTADAKAL PLATE**
		1400 mts (rated 20 to 45)
		1. Sufficient Proof 2. Tough Sussex
3.	3.30 PM	**THE FAME AND GLORY PLATE**
		1100 mts (rated 20 to 45)
		1. My Queen 2.Eloika
4.	4.00 PM	**MEENA & S. RAJASHEKAR MEMORIAL TROPHY DIV I**
		1200 mts (rated 60 and above)
		1. Gran Paradiso 2.Mint
5.	4.30 PM	**THE SAHYADRI PLATE**
		1600 mts. (rated 40 to 65)
		1. Spiritual Force 2. Thea's Gift
6.	5.00 PM	**MEENA & S. RAJASHEKAR MEMORIAL TROPHY DIV II**
		1200 mts (rated 60 and above)
		1. Stormy Atlantic 2. Magnum Opus

***DAY'S BEST:** STORMY ATLANTIC*

***DOUBLE:** KING OF THE JUNGLE 2. SUFFICIENT PROOF*

***JACKPOT:** 2,3,4,5,6; **I-TREBLE:** 4,5,6*

***EXACTAS:** 5,6* **—Tipster PGC**

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9108048486

Stop burning garbage, plastic at Lakshmikanthanagar

Garbage such as plastic, dry leaves and other wastes which are being dumped regularly beside Narayani Residency on the Ring Road near a big drain at Lakshmikanthanagar in Hebbal Industrial Area is being set of fire by civic workers despite residents informing them not to do so. This is forcing the residents to inhale toxic smoke emanating from the burning garbage and suffering from respiratory disorders. Residents have urged the authorities concerned to instruct the civic workers not to burn the garbage but clear them.

Garbage heap not cleared at Rajarajeshwarinagar

Garbage strewn on Christ Public School road in Rajarajeshwarinagar is not cleared since months and following rains the garbage is decaying resulting in foul smell emanating from it. Authorities concerned are urged to get the garbage cleared at the earliest and residents have urged the authorities to install a garbage bin for dumping waste materials.

An eyesore on Old Santhepet Road

Garbage near Vysya Co-operative Bank on Old Santhepet Road has become an eyesore to hundreds of people who pass by regularly to various shops located around. Also, foul smell is emanating from it forcing people to cover their nose while passing on the road. Authorities are urged to get the garbage cleared regularly.

Volunteers launch cleaning drive at Lingambudhi Lake

A group of volunteers collecting waste from Lingambudhi Lake surrounding areas as part of Swachhata Abhiyan held on Sunday.

Mysuru, Dec. 3 (MTY&SD)- As part of a citizen-led initiative to eliminate trash from water bodies, volunteers came together and cleaned up the Lingambudhi Lake surroundings on Sunday.

Around 20 residents of neighbouring areas along with former President of Lingambudhi Lake Parisara Samithi, senior citizen Lakki Maran collected large number of plastic covers and bottles, thermocol and other trash from the Lake premises. Forest Department staff also joined hands with volunteers in clearing the debris scattered across the water body.

The Lingambudhi Lake is naturally fed by two Rajakaluves. While one Rajakaluve is largely encroached, relentless flow of underground drainage water from surrounding areas has polluted the Lake to a large extent. Recently, 15 migratory Northern Shoveler birds were found dead inside the Lake.

People sneakily dump their trash, which includes huge mass of plastic waste, liquor bottles and other such scrap and leftovers here.

The Lake has become a dumping spot of wet and dry waste and one can even witness trucks carrying construction and demolition waste assembling here and discarding their load in Lake premises.

My E-waste, My Responsibility: Door-to-door campaign held in Saraswathipuram

Mysuru, Dec.3- Swami Vivekananda Youth Movement carried out a door-to-door awareness campaign on Nov. 28 to raise awareness about E-Waste management among community members in Saraswathipuram.

The campaign which started from Saraswathipuram Post Office was flagged off by Dr.M.S. Jayanth, Chief Health Officer at Mysuru City Corporation.

Vedavathi and Shivakumar, Corporators of Saraswathipuram, Sadanand, Senior Superintendent Main Post Office, Saraswathipuram, Fathima Mary from SVYM and Bhavya, PSI, Saraswathipuram were present.

The campaign reached a total of 740 houses in Saraswathipuram and sensitised the community members about the importance of properly disposing off their e-waste.

Addressing the gathering, Dr. Jayanth emphasised not to treat E-waste as other wet or bio-degradable waste and urged the community members to discard their e-waste like phones, batteries and other electronics under 5-kg in the e-waste drop box installed at Saraswathipuram Post Office. He also announced that the MCC collects E-Waste on the third Sunday of every month during their door-to-door waste collection rounds. He assured everyone that the E-waste collected will be disposed / recycled responsibly.

Poor and unorganised E-Waste management is seen as a global concern with the growing risks to public health, resource conservation and the environment.

Praveen Kumar Sayyaparaju, Deputy CEO, SVYM, stressed the importance of involving the community in better e-waste management and assured many more awareness campaigns will be conducted in future.

The awareness campaign is part of a tri-partite agreement between Saraswathipuram Main Post Office, Swami Vivekananda Youth Movement and bE-Responsible, an initiative by Saahas in partnership with 'Environmental Synergies in Development (ENSYDE)'.

For more information, contact Krishna on Mob:81056 03165 or Fathima Mary on Mob: 97405 96688.

'Arguments in Law Courts more effective in Kannada'

Mysuru, Dec.3 (YDS&US)- "If lawyers present their arguments in Kannada instead of English, the intricate facts of the case could be effectively communicated to the Court," opined Principal District and Sessions Judge S.K. Vontigodi.

He was speaking after inaugurating Kannada Rajyotsava celebrations organised by Mysore Bar Association at the District Law Courts Complex premises here on Saturday.

Vontigodi observed that a few lawyers present a case before the Court initially in English and then switch over to Kannada and added that switching the language happens during argument presentation also which sounds improper. He opined that judgements too should be written in Kannada which would be more effective and convincing for the complainants.

Continuing, Vontigodi advised parents to speak in Kannada with their children. He observed that the love for the regional language in Karnataka is not upto the level as in Tamil Nadu or Maharashtra. He said that people speak on the richness of Kannada only on Rajyotsava Day which fades later on. He sought the trend to be changed.

Advocates T.P. Kumar and Palahalli Nagendra, who have been using Kannada exclusively in their profession, were felicitated on the occasion.

Kannada Book Authority Chairman Dr. M.N. Nandish Hanche, Karnataka State Bar Council Member B.R. Chandramouli, Mysore Bar Association President S. Anand Kumar, Vice-President S.B. Shivannegowda, Secretary B. Shivanna and others were present.

Children's Theatre Festival

in memory of Vanitha Sadana Founder

Mysuru, Dec.3- Marking the 125th birth anniversary of the city's Vanitha Sadana Founder N. Nagesha Rao, Vanitha Sadana-Shishu Sahitya Sangha will be organising a three-day Children's Theatre Festival at Vanitha Sadana Rangamantapa located on Susheela Bai and Nagesha Rao Road in Krishnamurthypuram from Dec. 5 to 7.

The plays will be staged at 5 pm on all the three days, with participation of schools from the city. The schedule is as follows:

Date	Name of Play	Performing School
Dec.5	*Sohrab Mattu Rustum* *Billa Habba* *Naragundada Baba Saheb*	Vanitha Sadana School Banumaiah's Girls High School Pragati Vidya Kendra
Dec.6	*Sthityantara* *Halagali Bedaru* *Panjara Shaale* *Bhagat Singh*	St. Thomas High School Vidyavardhaka High School Gopalaswamy High School St. Mary's Girls High School
Dec.7	*Kannada - 3000 AD* *Kuntana Deshaprema* *Tattiri Chappale* *Dodda Makkale*	Supreme Public School Hari Vidyalaya Nrupatunga Kannada School

Taluk-level Youth Parliament contest held

Mysuru, Dec.3 (US&PM)- A Youth Parliament Contest for PU students of Mysuru taluk of aided PU Colleges was organised on Sunday by Vani Vilas Ursu Girls PU College in association with the Department of PU Education at the College premises here.

About 40 students from four PU Colleges in the taluk and city participated in the event.

Similar events were also held at Government PU Colleges in Lakshmipuram and on Chamaraja Double Road, for Government and Private PU Colleges respectively.

The contest featured on the members voicing opinion on continued harassment on women with the official machinery not able to tackle the situation.

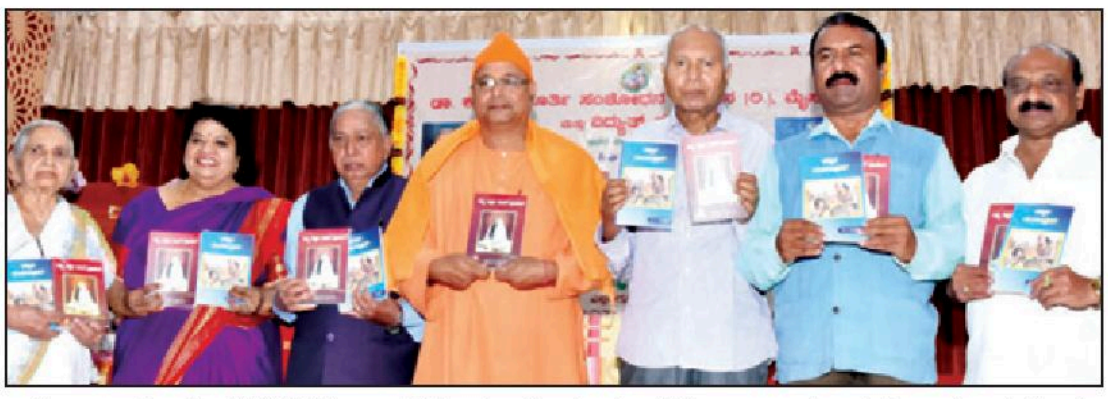
Inaugurating the programme, DDPUE Dr. B.N. Nagarathna opined that such events help youth to understand the concept of Parliament. She contended that a good political system is essential for good economy.

She regretted that democracy has lost its definition with elections becoming a ritual and suggested that voters should exercise their franchise carefully.

Jayachamaraja Ursu Education Trust Hon. Member B.P. Balachandra Urs presided. Joint Secretary Sreekantaraje Urs, College Principal J.C. Anitha and others were present.

Totally 10 students will be selected at taluk-level to represent at district-level and two will represent the district at the State-level Contest, according to Programme Nodal Officer Dr. Mangala Murthy.

Books 'Divya Shikshana Deevige - Srimathe' and 'Kannada Pancharaatram' released



Mysuru, Dec.3 (YDS&US)- Dr. K. Krishnamurthy Research Foundation and Vidyut Prakashana had jointly organised a programme at Sri Ramakrishna Ashrama in Yadavagiri here on Sunday for the release of the books 'Divya Shikshana Deevige - Srimathe' authored by C.S. Mangalamma and 'Kannada Pancharaatram' authored by K. Leela Prakash.

Releasing the books, littérateur Dr. C.P. Krishna Kumar (CPK) hailed Mangalamma in coming out with new facts on Sharadadevi through intense research and added that the book is excellent for teaching and research.

Referring to 'Kannada Pancharaatram,' he commended the author in coming out with a meaningful message that war is not the only solution for any problem.

Ramakrishna Ashrama President Swami Muktidanandaji, writer Prof. K. Bhyrava Murthy, District Kannada Sahitya Parishat President Dr. Y.D. Rajanna, authors Mangalamma and Leela Prakash, theatre artiste H.S. Umesh, Vidyut Prakashana Founder Keshava Prakash and others were present.

Carmel Fest at Nanjangud

Nanjangud, Dec.3- "India is no longer a developing nation but is one among the topmost countries in the world in the field of scientific research and technology, especially in space exploration," said Block Education Officer (BEO) C.N. Raju.

He was speaking after inaugurating an exhibition held as part of 'Carmel Fest 2019' at Carmel English School in Nanjangud recently and launching a model satellite - Chandrayaana -2 designed by student S. Jillian, a Class X student.

He opined that this type of Fest brings out the hidden talents and creativity of the students and helps them develop their knowledge scientifically and technologically apart from academics.

More than 500 students from 1st standard to 10th standard participated in the exhibition which was based on different themes including natural resources, agriculture, organic farming and environmental pollution.

The exhibition was unique with working models of science, creative art and craft, food, culture and festivals of different States, heritage of Mysuru and Karnataka and planetarium, constructed by the students under guidance of Tr. Vijaya. The efforts, motivation and hard work of every staff and student were remarkable and highly appreciated by the parents and visitors alike.

On this occasion, toppers of SSLC exam 2019-20 were felicitated and subject-wise toppers were also honoured.

Sr. Philomena welcomed. Nazia Firdose proposed a vote of thanks. Sathyaraju compered the event. Head Mistress Sr. Tresilda and Secretary Sr. Florine Pinto were present.

Sharada Talent Search-2019

Test on Dec.8: Entries invited

Mysuru, Dec.3- Sharada Talent Search (STS) for 10th standard students is a Science and Mathematics Talent Test which enables the students to choose their right career, enhance knowledge and also create a platform for their destiny.

The test is scheduled on Dec.8 from 10 am to 11.30 am at Sharada Vidya Mandir - Sri Jayachamaraja PU College premises. There is no registration fee. Spot registration can be done at 9.30 am.

There will be a symposium on "What Next After 10th?" by experts at 10 am (Parents can avail this opportunity). Also, there will be attractive prizes — First prize: Laptop; Second prize: iTab; Third prize: iPod and three consolation cash prizes.

Interested may contact Mob: 74112-49711 or 89716-70057 or 63642-81590.

WORD OF THE DAY

Susurrous

Pronunciation: su·sur·rous | \ sù-ˈsər-əs.
Meaning: Full of whispering sounds.
Origin: Susurrous derives from the Latin noun susurrus, meaning "a hum" or "a whisper," and may be a distant relative of "swarm" (think of the collective hum of a beehive). "Susurrus" also occurs as an English noun, with the meaning "a whispering or rustling sound." Of the two English words, the noun is the older (it debuted in 1826); "susurrous" came onto the scene about thirty years later. Both of these were preceded by the noun "susurration," which appeared in the 14th century and means "a whispering sound," or "murmur." Today "susurrous" is used to describe any kind of sound that resembles a whisper: a light breeze through a tree, perhaps, or the murmurs of intrigued theatre-goers.

THE ODD WORD

Salse

Organisms living in soil.

PHRASE OF THE DAY

Shot in the arm

Meaning: A stimulus.
Origin: This expression derives from the invigorating effect of injecting drugs. A shot is of course US slang for an injection, either of a narcotic or medicinal drug. That term has been in use since around the beginning of the 20th century; for example, this piece from the San Francisco Chronicle Supplement, October 1904: "I varied hardly a minute each day in the time of taking my injection. My first shot was when I awoke in the morning." 'A shot in the arm' came soon afterwards and the first mention of a figurative use of it in print that I can find is from the Maine newspaper The Lewiston Evening Journal, January 1916: The vets can give politics a shot in the arm and the political leaders realise it.

QUOTE BOX

Never say it's impossible until you have given it your best shot. — **Topsy Gift**

RIDDLE THIS

I can be written, I can be spoken, I can be exposed, I can be broken. Who am I?

Answer :News.

SUDOKU

	2	9		6	3			
				9				6
		8			2	4		3
5		6						
3	1						6	7
						9		5
7		3	8			6		
9				2				
			3	4		1	5	

Answer to previous puzzle

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concept is Sudoku increases from Monday to Sunday.

CROSS WORD

ACROSS:

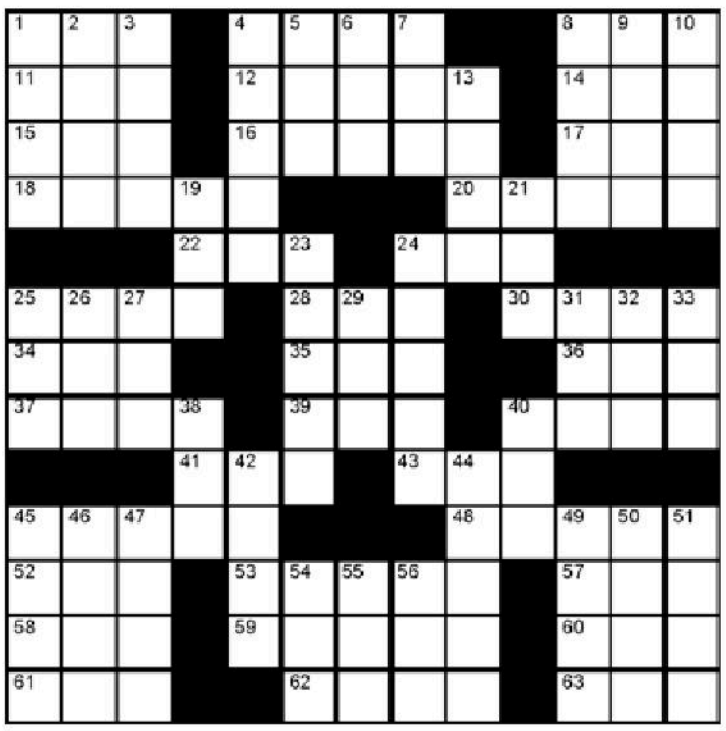
1 Clever humour
4 To go on horseback
8 Form of expression?
11 Inertial Sensor Assembly
12 South African antelope
14 'Bravo!'
15 State Trdg. Corp.
16 Famous Greek poet - creator of Iliad
17 African tribe
18 Ms Bhatt of Bollywood
20 The lowest point
22 Stomach muscles
24 ___ out : withdraw, give up or escape ?
25 Mandatory last name for a Sikh lady
28 An inro may be attached to it
30 Mariners
34 Frequency unit
35 Twin brother of Kush
36 Gilbertian princess
37 Attack bitterly
39 Black bird
40 Legspinner ___ Mishra
41 __ Paar: 1954 Guru Dutt movie
43 Greek X
45 Wounding remarks ?
48 Of time long past
52 Fuss, bother
53 To rest on one's knees
57 Old French coin
58 Sore and painful
59 Having substance
60 Sea-eagle variant
61 Printing measures
62 Deities
63 A fluid product of inflammation

DOWN

1 Something frail
2 Analogy words (2,2)
3 Mexican pancake
4 Treatment centre (abbrev.).
5 International Labour Organization, acronym?
6 Build a barrier to keep back water
7 Part of a compass box
8 Lacking moisture like a desert
9 Nobel Prize winning US physicist
10 God of thunder in Scandinavian mythology
13 Bond novel and movie (2,2)
19 Cylindrical glass container
21 Appropriate
23 Kind of energy
24 Municipal
25 2014 IPL champions
26 A cry of joy, it's said
27 Israeli submachine gun
29 Round bread roll
31 To level a gun
32 Radio Direction Indicator, acronym
33 Took a load off?
38 Chemist's workroom in short
40 Weaken; suffer from a disease or malady
42 Inquires of
44 ___ one's own : maintains one's position or condition?
45 Without decoration
46 Eve's hubby
47 Commotions
49 Not shallow
50 Light fawn colour
51 Religious sisters
54 Beverage made with beaten eggs;
55 Grandmaster's rating
56 Ramzan for one, Bakri for another

YESTERDAY'S ANSWER

S	S	R		S	L	A	M		M	E	A	D
Y	O	U		I	S	A	Y		U	N	D	O
N	A	N		K	I	L	T		R	A	T	S
C	R	E	E	K			H	O	D			
			L	I	F	T		P	E	A	R	
G	L	I	M	M	E	R		T	R	U	E	R
E	E	L			W	A	S			N	N	E
M	O	I	S	T		C	U	R	E	T	T	E
	N	A	I	L		K	E	E	L			
			N	C	B			S	K	U	L	L
B	R	I	G		R	A	H	U		R	A	O
O	B	O	E		A	B	E	L		U	Z	I
W	I	N	S		T	E	X	T		S	E	N



CRYPTOQUIP

The Cryptoquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

RMEP BW GBWU CFEC LHO TFHOKU ZHWUOZC

LHOPTMKS BW KBSM ET EC E SMETC.

TODAY'S CLUE: O EQUALS U

Yesterday's Cryptoquip: After silence, that which comes nearest to expressing the inexpressible is music.

NOW SHOWING

Movie	Theatre	Phone	Shows
KANNADA			
Damayanthi	Lakshmi	2443584	4 Shows
	Thibbadevi	2452958	4 Shows
	Lido	2420885	2 Shows
Mane Maratakkide	Lido	2420885	2 Shows
Mundina Nildana	Skyline	2481170	4 Shows
	Sangam	2520494	2 Shows
Kiss	Sangam	2520494	2 Shows
Bramhachari	Saraswathi	2541451	4 Shows
	Gayathri	2443568	4 Shows
	Mahadeshwara	9986022634	4 Shows
Ranahedi	Prabha	2423569	4 Shows
Aayushmanbhava	Woodlands	2422871	4 Shows
Naane Raja	Sterling	2481170	4 Shows
Bharaate	Shanthala	2427584	4 Shows
HINDI			
Commando 3	Sri Nagaraj	2520490	4 Shows
	Balaji Deluxe	2497199	4 Shows
TAMIL			
Enai Noki Paayum Thota	Rajkamal	2423554	4 Shows
Sanga Thamizhan	Padma	2521923	4 Shows
----	Uma	2520009	4 Shows

DRC CINEMAS — PH: 4240422, 4241800

Margaret (K)	(S-1)	10.45 am
Mundina Nildana (K)	(S-1)	1.05 pm
Frozen (E-3D)	(S-1)	3.20 pm, 5.30 pm, 7.45 pm
Commando 3 (H)	(S-1)	9.55 pm
	(S-2)	7.15 pm
Ford v Ferrari (E)	(S-2)	10.50 am
Kalidasa Kannada Meshtru (K)	(S-2)	1.55 pm
Hotel Mumbai (E)	(S-2)	4.45 pm
	(S-4)	7.15 pm, 9.55 pm
Kettiyolaanu Ente Malakha (Ma)	(S-2)	9.55 pm
Bala (H)	(S-3)	10.45 am
Bramhachari (K)	(S-3)	1.20 pm, 7.10 pm
	(S-4)	10.20 am
Damayanthi (K)	(S-3)	4.05 pm
Arjun Suravaram (Te)	(S-3)	9.55 pm
Enai Noki Paayum Thota (Ta)	(S-4)	1.00 pm, 4.05 pm

INOX LIVE THE MOVIE — PH: 2533444 / 2533456

Commando 3 (H)	(S-2)	9.55 am, 3.55 pm, 9.40 pm
Frozen II (E-3D)	(S-1)	12.35 pm, 5.15 pm, 7.35 pm
Hotel Mumbai (E)	(S-1)	9.50 am, 9.55 pm
Hotel Mumbai (H)	(S-4)	3.50 pm
Damayanthi (K)	(S-4)	9.50 am, 6.35 pm
Yeh Saali Aashiqui (H)	(S-4)	9.50 pm
Brahmahachari (K)	(S-3)	9.50 am, 6.45 pm
Mundina Nildana (K)	(S-1)	2.55 pm
Enai Noki Paayum Thota (Ta)	(S-2)	12.45 pm
	(S-3)	9.40 pm
Mookajjiya Kanasugalu (K)	(S-3)	3.50 pm
Arjun Suravaram (Te)	(S-3)	12.40 pm
Nane Raja (K)	(S-4)	1.05 pm
Kettiyolaanu Ente Malakha (Ma)	(S-2)	6.50 pm

PVR CINEMAS — www.pvrcinemas.com

Commando 3 (H)	9.45 am, 3.45 pm, 9.30 pm
Hotel Mumbai (H)	10.05 am, 12.55 pm, 6.40 pm
Naane Raja (K)	10.30 am
Frozen 2 (E-3D)	11.35 am, 2 pm, 7.35 pm
Bramhachari (K)	12.40 pm, 6.55 pm
Arjun Suravaram (Te)	1.20 pm
Damayanthi (K)	3.35 pm, 9.50 pm
Enai Noki Paayum Thota (Ta)	4.20 pm, 10.00 pm
Mundina Nildana (K)	4.30 pm
Mookajjiya Kanasugalu (K)	6.55 pm
Ford v Ferrari (E)	9.45 pm

NOTE: Movie timings published here are subject to sudden change by the theatre managements. The films are also liable to be changed in multiplexes if there are no minimum audience of 15 to the film announced here.

Felicitation to Music Stalwarts
marks beginning of JSS Music Conference

B.C. Rajagopal** (sitting second from left) **was conferred with the title 'Sangeeta Seva Nidhi' during the inauguration of the 26th Music Conference organised by JSS Sangeetha Sabha Trust at Navajyothi auditorium of JSS Women's College in Saraswathipuram last evening. Also, Vid. Honnappa (vocal), Vid. V.S. Ramesh (morching) and Karnataka Kalasri Dr. Pustakam Rama (vocal) were felicitated on the occasion. They are seen with** (standing from left) **Trust President K.V. Murthy, Prof. Bhashyam Swamiji, senior vocalist Neela Ramgopal - President of the Conference, Suttur Seer Sri Shivarathri Deshikendra Swamiji, MLA S.A. Ramdas and Trust Secretary Prof. K. Ramamurthy Rao. Picture below shows a section of the audience.

EVENTS TODAY (DEC. 3)

Bharani Art Gallery, Mysuru: Silver Jubilee Year, solo art expo titled 'Trajectory of Depression' by Alip Majumdar, artist from West Bengal, M-1198, 3rd Main, 6th Cross, Vivekanandanagar, **up to 7 pm.**

Samridhi: Designers Expo - Clothes, Jewellery, Bags and Accessories, Hotel Southern Star, Vinoba Road, **up to 8.30 pm.**

District Kannada Sahitya Parishat, District Chutuku Sahitya Parishat and District Sharana Sahitya Parishat, Mysuru: Book release — 'Nelada Hokkula Balli' (a collection of limericks) and 'Kanasu Kavanetiri' (a poetry collection) by Prof. S.G. Siddharamaiah — by retd. Professor and thinker Dr. Aravinda Malagatti, poetess Dr. Kavita Rai speaks about the book, District Kannada Sahitya Parishat President Dr. Y.D. Rajanna presides, former Chairman of Kannada Development Authority Prof. S.G. Siddharamaiah guest of honour, poet Rudrappa Hanaganavadi chief guest, Vaidyavartha Prakashana Founder-Director Dr. MGR Urs received the book, District Sharana Sahitya Parishat President M. Chandrashekar delivers keynote address, District Chutuku Sahitya Parishat President *Chutuku Siri* Dr. Ratna Halappa Gowda will be present, Distirct Sahitya Bhavana, Vijayanagar 1st Stage, **4.30 pm.**

JSS Sangeetha Sabha Trust: 26th Music Conference, Violin Duet by C.V. Shruti and Pruthvi Bhaskar, accompanied by Pavan Madhav on mridanga and Srinidhi on ghata, **5 pm;** Vocal concert by Pattabhiram Pandit, accompanied by T.K.V. Ramanujacharyulu on violin, H.S. Sudheendra on mridanga and Vallapalli Krishna Kumar on ghata, Navajyothi auditorium of JSS Women's College, Saraswathipuram, **6 pm.**

Sri Mahalakshmi Kollapuradamma Temple Development Committee: 8th Punar Pratishtapana Mahotsava, Anujne, Ganapati Homa, Punyaha, Panchagavya, Kalasha Sthapane and Sri Chandika Parayana, Mahamangalarati, Temple premises, Halebandikeri, **6.30 pm.**

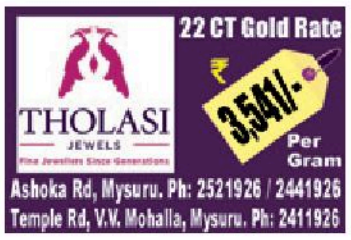
EVENTS TOMORROW (DEC. 4)

Sri Mahalakshmi Kollapuradamma Temple Development Committee: 8th Punar Pratishtapana Mahotsava, Sri Ganapati, Subramanya Sahita Mahakali, Mahalakshmi, Mahasaraswati Homa, **9 am;** Dasoha, Temple premises, Halebandikeri, **11.30 am.**

JSS Sangeetha Sabha Trust: 26th Music Conference, 'Sangeethanjali' by students of Vid. K. Guruprasad; Vidwat Goshti - Special RTP lecture-demonstration of Ragavardhini Raga and Ragavardhini Tala by *Sangeeta Kalacharya* Vidu. Neela Ramgopal, **10 am;** Vocal concert by Haridas with Krithik Kaushik on violin and Vishnuvardhana on mridanga, **5 pm;** Violin Duet by Vid. Parur M.A. Sundareshan and Vid. Parur M.A. Krishnaswamy with Vid. Anoor Anathakrishna Sharma on mridanga and Vid. Vallapalli Krishna Kumar on ghata, Navajyothi auditorium of JSS Women's College, Saraswathipuram, **6 pm.**

Samridhi: Designers Expo - Clothes, Jewellery, Bags and Accessories, Hotel Southern Star, Vinoba Road, **10.30 am to 8.30 pm.**

Parampare: Special lecture on 'Kautilya's Arthashastra' by Vid. Dr. T.V. Satyanarayana, Sri Nadabrahma Sangeetha Sabha, JLB Road, **6.30 pm.**



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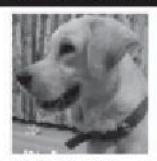

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GUDDANDA NANDA GANAPATHY

We thank all our family, friends, relatives, neighbours, Kavery school students, staff, parents and all those who attended the funeral & those who conveyed their condolences following the sad demise of **Guddanda Nanda Ganapathy** on **Monday, 25th November 2019.**

The Mada ceremony has been arranged at **Sports & Recreation Club, Kodava Samaja, Virajpet on December 5th (Thursday) at 11.00 am.** Please treat this as a personal invitation, attend the ceremony and pray for the departed soul.

—Sorrowing:

Wife-Guddanda Kanthy Ganapathy, Daughter-Kavery, Son in law-Manju Muthanna, Grand Children-Neeharika & Neerav and Family Members. Mob: **9686665385**

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Printed by T.S. Gopinath and published by M. Govinde Gowda on behalf of Academy Newspapers Private Limited at Academy Newspapers Private Limited, 15-C, Industrial 'A' Layout, Bannimantap, Mysuru-570 015. Editor: M. Govinde Gowda. Phone: 2496520/2496521/2496523/ 2496526/2496527/2496528 Fax: 0821-2496525, 2496530. City offices: Visveshwaraya Building, III Floor, K.R. CIRCLE, Mysuru-570 001, Ph: 2431774 and No. 114, D.Devaraj Urs Road, Mysuru-570 001, Ph: 2428695, E-mail address: voice@starofmysore.com, For Advertisements: ad@starofmysore.com, RNI Reg. No. 29894/78.